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# SAN CHAT



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AND



SAN CHAT

MEMBERS OF THE ASSOCIATION OF EDITORS OF TUBERCULOSIS PUBLICATIONS  
SEWARD SANATORIUM, BARTLETT, ALASKA  
MAY 1956

This 10th anniversary issue of SAN CHAT is gratefully dedicated to the Women's Division of Christian Service who accepted the challenge to fight Tuberculosis in Alaska.

This photographic issue was made possible through the use of two very new materials, recently made available to photographers. These materials are Tri-X film and Auto-screen process film. The Tri-X film makes possible excellent pictures by available light with greater depth than flash shots and at a much lower cost.

The photographs for this issue were taken by A. R. Cox using a 35 mm camera and the new Tri-X film.

The Autoscreen film eliminates expensive engraving equipment and changes the view camera into a process, 1/2 tone engraving camera. All pictures in this issue of the SAN CHAT were processed by Vern Brickley of the Rehab Photo Shop, using a 5 X 7 camera.

Duplicating of 2000 copies of this issue was done in the Rehab Printing Shop on a Multilith Model 1250.

Special Issue Price \$1.00

## FORWARD

This marks the 10th anniversary of the Seward Sanatorium and it seems appropriate to look back and evaluate our effort in relation to the purpose for which we were established.

Early in 1946 the Commissioner of Health of Alaska pointed out to the Women's Society of Christian Service that there were over 4000 Alaskans with Tuberculosis and only 250 beds in Alaska to hospitalize them. The women recognized that there was a great need to relieve suffering and to make life easier for a people who were unable to organize a defense against a disease that could be brought under control. They agreed to take over the responsibility for operating the 150 bed abandoned army hospital at Seward as a tuberculosis hospital and to support it in a fight to save the lives of Alaskans stricken with the disease.

On July 9, 1946 the first patient was admitted. On May 6, 1956, ten years later, the 1000th patient was admitted for treatment of tuberculosis. In this period of time 1000 patients that may not otherwise have had the opportunity for this treatment have received from suffering.

Patients have traveled by dog team, airplane, automobile, bus, train, skin boat, and steamship to come to the Sanatorium for treatment. They have come from Point Barrow, the farthest north city on our continent; from Wales, the nearest point to the mainland of Siberia, and from far-away places such as St. Lawrence Island and the Aleutian Chain. The average distance from home while hospitalized has been over 700 miles. Patients have included Caucasians and Negroes, Eskimos and Indians ranging in age from two months to 84 years. The length of stay has varied from two weeks stay by a boy who dropped out of school to have a tuberculoma removed from his lung and then returned to classes after the brief interruption to 10 years of continuous hospitalization.

It has been gratifying to see the changing outlook of patients who first thought they were coming to the Sanatorium to die and then realized that they were coming to the hospital to get well.

For several years the only thoracic surgeon in the Territory of Alaska was at the Seward Sanatorium and many miracles of surgery have been accomplished here.

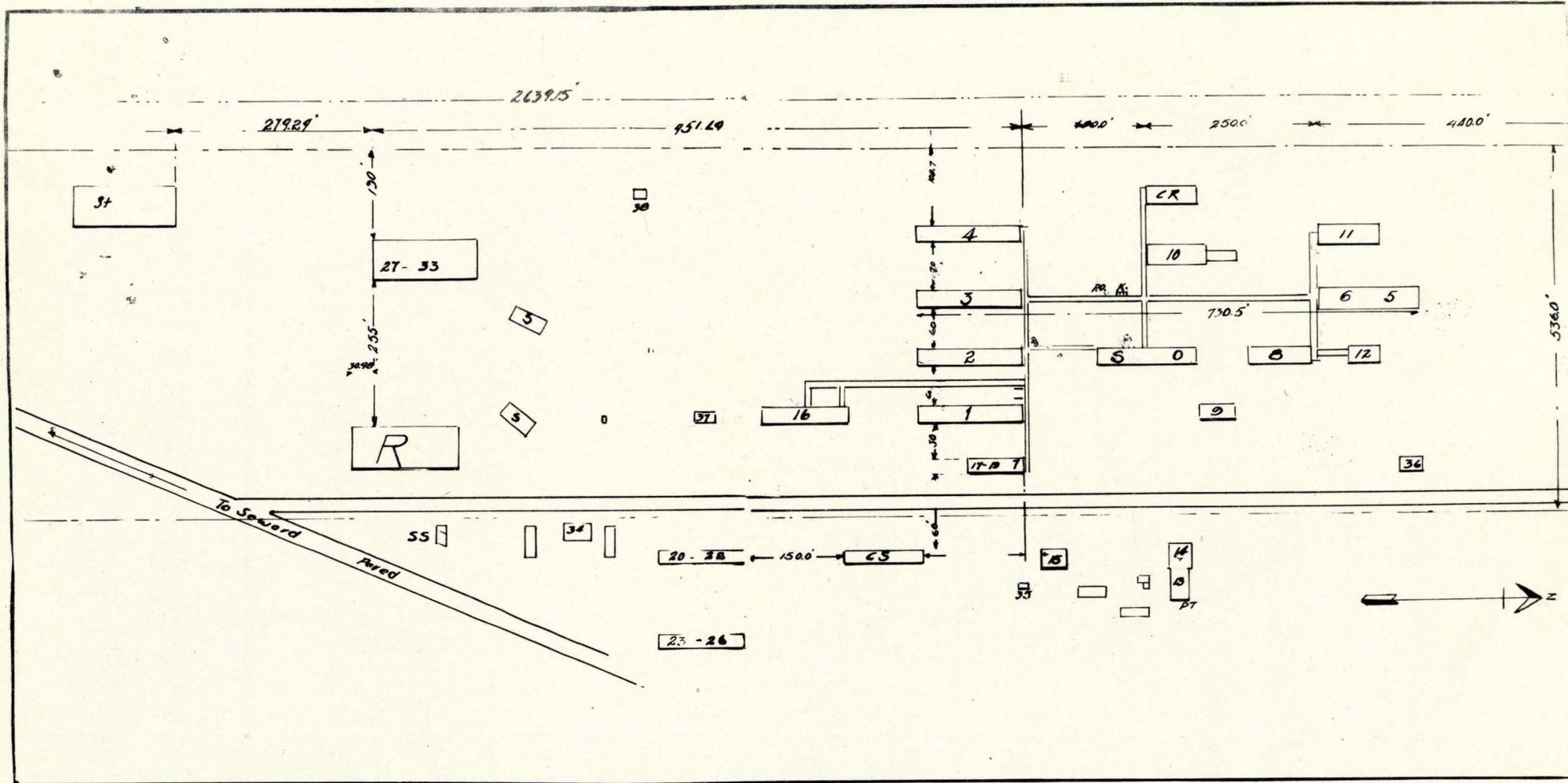
Recently the extensive use of the new tuberculosis drugs has shortened the waiting time for patients needing hospitalization. Patients now entering the hospital are not nearly as sick as patients entering several years ago and the average stay of patients has been reduced from 2 1/2 years to less than one year.

With the construction and utilization of more facilities in Alaska and the contracting for 400 beds in Washington State, nearly all of the known cases of tuberculosis in Alaska are now hospitalized; however, case finding teams are now able to go into many new areas and will continue to find new cases in new areas. The need for hospital beds in Alaska may continue for four or five more years in order to give the Alaskan patients the best advantages of treatment, social service, adult education and rehabilitation.

It will be gratifying to all concerned when tuberculosis beds at the Seward Sanatorium are no longer needed, for it will mean that the scourge of the disease has been brought under control and the objective of the program has been accomplished.

Paul W. Nelson  
Administrator, Seward Sanatorium  
Seward Rehabilitation Center

SEWARD SANATORIUM AND REHABILITATION CENTER



LEGEND

S	Surgery	1--6	Hospital Wards
O	Office	7	Laboratory
K	KSAN--Radio	8	Kitchen, Dining Room
CS	Cold Storage	9	Residence, Medical Director
S	Shops	10-13	Quarters, Employees
St	Storage	14	Garage
R	Rehabilitation Center	15	Boiler House
SS	Service Station	16	Laundry
CR	Class Room	17-38	Apartments
PT	Physical Therapy	P. O.	Post Office



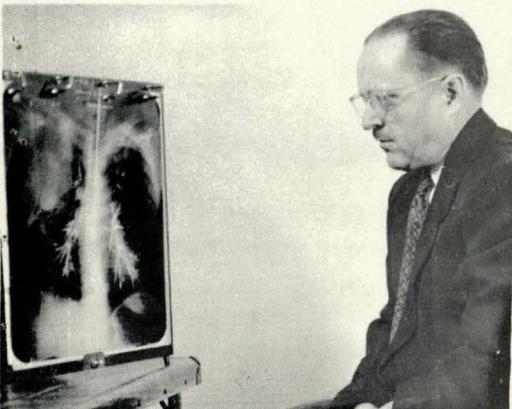
Mrs. F. G. Brooks, Mount Vernon, Iowa, President of the Women's Division of Christian Service of the Methodist Church and Miss Emma Burris, New York City, Executive Secretary, Bureau of Social Welfare and Medical Work.



The Hospital Auxiliary maintains liaison between the hospital and the community.



The Hospital Board, above, meets once a month to discuss policy matters of the Sanatorium, and reports to the WDCS office in New York.

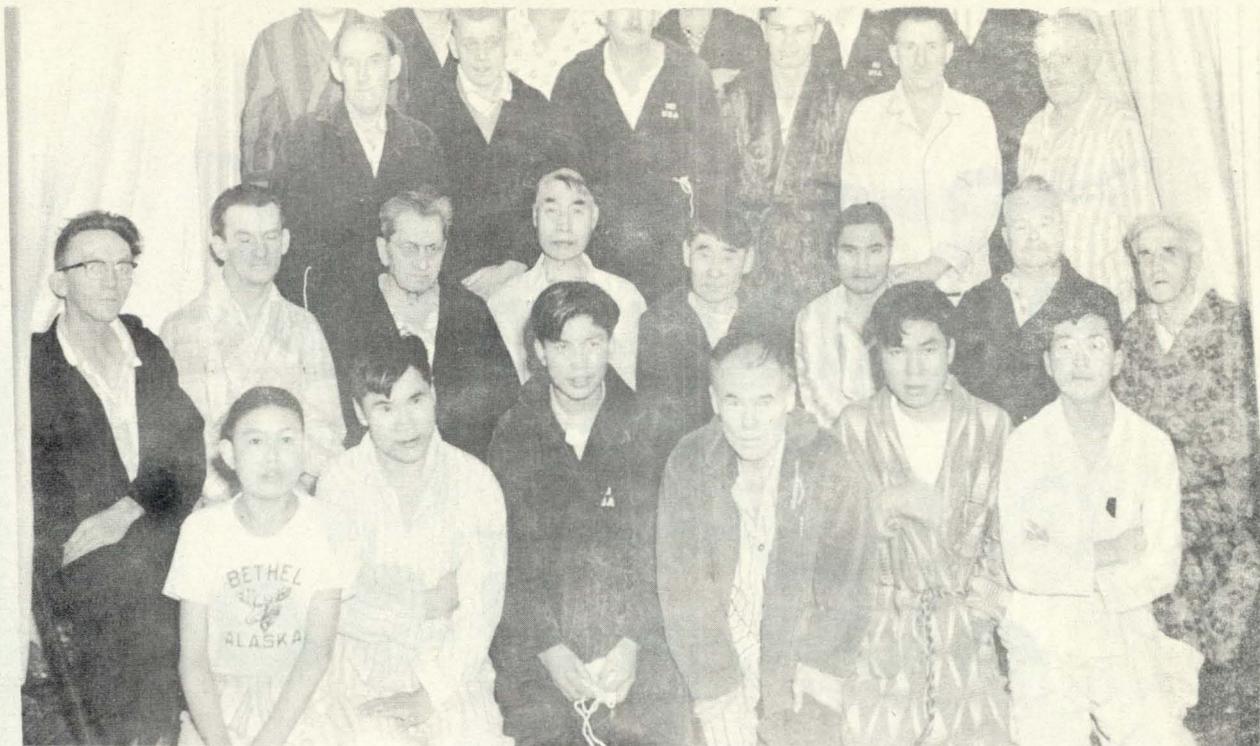


Francis J. Phillips, MD, FACS, Medical Director; Miss Ruth Murrell, Treasurer and Paul W. Nelson, Administrator complete the channel of responsibility to the Women's Division of Christian Service for the operation of the Seward Sanatorium.



WARD ONE MEN





WARD FOUR MEN





WARD SIX GIRLS





EVON ANDREW

CHILDREN'S WARD



JOSEPH ANDREW



VICTOR ASHENFELTER



FREDDIE BRADLEY



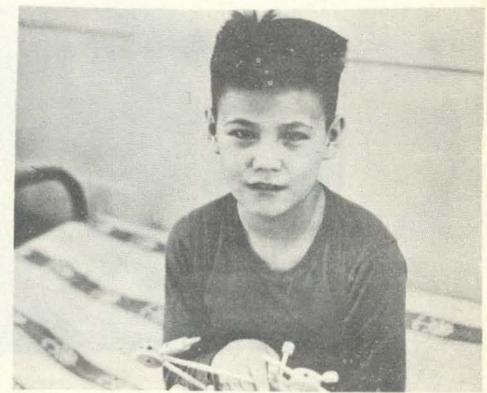
RUTH FOLGER



FREDDIE FOX



DAVID GREEN



GARY HOFFMAN



RICHARD JENNINGS



FANNIE JOHN



ANNA WASSILLIE



MATTHEW JOHN



HUBERT PAYENNA



HELEN SHEPPARD



CHARLES WHOLECHEESE



LENA WHOLECHEESE



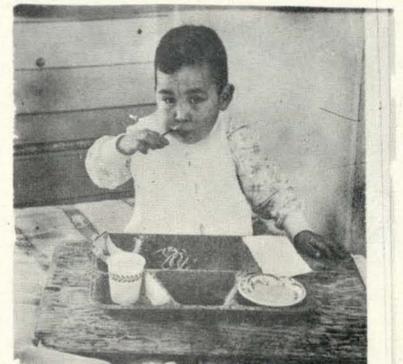
FRANCIS PENETAC



HARRY OUTWATER



"FOLD OUR HANDS TO PRAY"



POWELL TUCKFIELD



BARBARA SWANSON



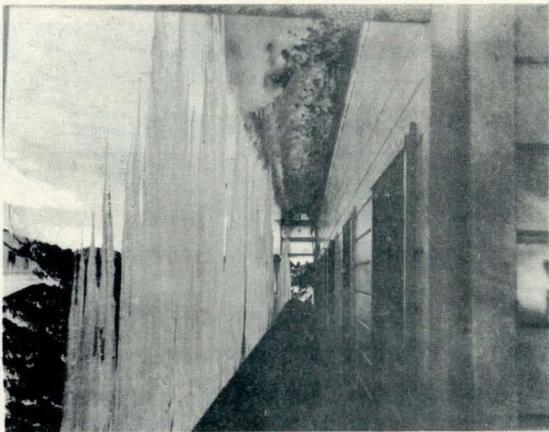
SOPHIE MARTIN



ANDREA KRONE

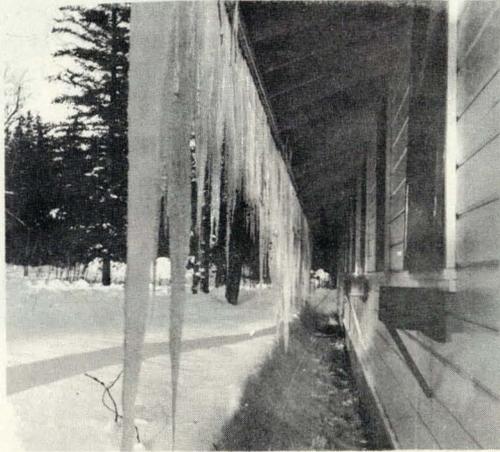
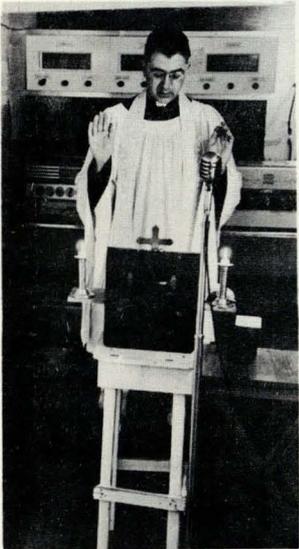


WARD TWO GIRLS





WARD THREE GIRLS



## EDUCATION AND REHABILITATION AT THE SEWARD SANATORIUM

Seward Sanatorium is the first hospital in Alaska to include rehabilitation as a necessary part of the tuberculosis treatment. In Alaska, most of the patients come from isolated villages where education facilities are quite limited and where occupations are often very strenuous, physically. Consequently to send arrested cases back to their former life is an open invitation to breakdown and readmittance to a sanatorium.

The education program starts soon after the patient arrives at the "San" with bedside tutoring in language, arithmetic and bookkeeping. Later, as the patients have "up-time" prescribed by the doctor, they attend classes. All women receive training in home nursing and home economics, which includes practical information about caring for home and family in Alaska.

When the patients near the time of discharge, they are interviewed concerning their needs and wishes for vocational rehabilitation. Most of those who choose vocational training request training at the Seward Rehabilitation Center although some choose training in other schools or continue on with high school.

Seward Rehabilitation Center opened March 1954 with a grocery store, service station, shoe repair shop, gift and photo shop. Job placement was the main factor in the choice of businesses as Alaska has, primarily a retail economy. Since the opening of the Rehab Center, dressmaking, multi-  
th operation, steam plant operation, laundry operation, bus driving, skin sewing and institutional cooking have been added to the list of vocations. The facilities of the hospital are used in training wherever it is practical.

At the present time the Center has about thirty trainees in various stages of training and between eighty and ninety patients are receiving schooling in various subjects. It is hoped that the Rehabilitation Center will grow and include many more vocations as the need arises. The Rehabilitation Center is also open to trainees with other disabilities and from other areas.



John Hardcastle, Director, counselling  
Joe Ramoth, trainee from Selawik

ADULT EDUCATION starts soon after a patient arrives at SEWARD SANATORIUM with bedside tutoring



Learning to count money and to make change



Classroom work starts when the patient has prescribed "up-time"



an Arithmetic Class



A Language Class



Typing

Assembly



Bookkeeping





Mrs. Myra McDonald  
Teacher and Pupil



Bedside Teaching



Miss Helen Case  
Head Teacher



Classroom in children's ward



Study Period



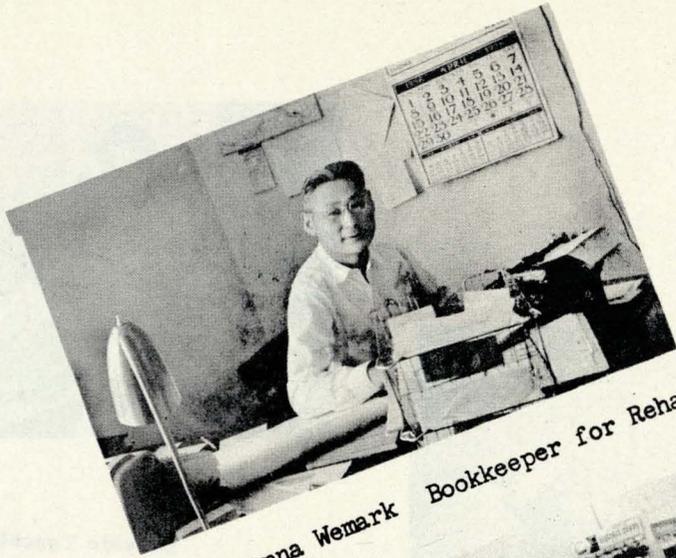
Mrs. George Green  
"Fun With Dick and Jane"



5th, 6th, and 7th grades



Field Trip



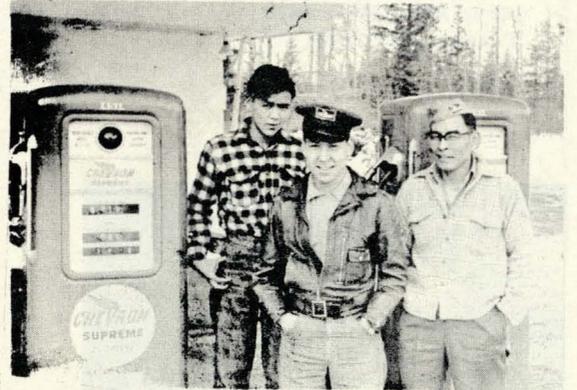
McKenna Wemark Bookkeeper for Rehab



Andy Stickwan and Leo Kunnuck Servicing the San Bus at Rehab Service Station



Henry Saccheus Assist. Mgr. Rehab Shopping Center



Harold Ptarmigan, Jack Okitkun Hoover Koonalook give SERVICE WITH A SMILE Rehab Service Station



Victor Kanrilak starts training



Ken Clark, Mgr. and Mary Anthony Instruction on Stocking Shelves



Three Lovely Trainees Time out to Pose Alice Juneby, Margie Moses and Mary Anthony



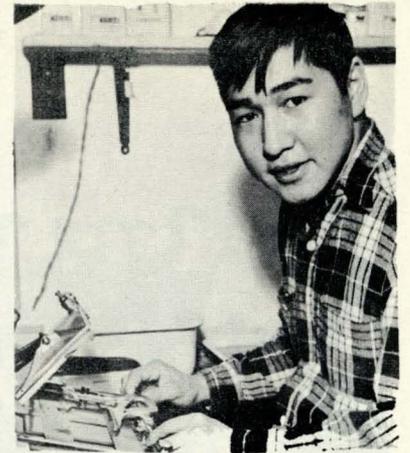
Roy Roehl, working his way through highschool and Rehab training



Adeline Woods examining her new camera. Photo Trainee



Verne Brickley  
Photography Instructor



Pat Manumik  
Learning Photo Printing



DRESSMAKING



SHOEREPAIR



GIFT SHOP



BEAUTICIAN



MAE TITUS SKIN SEWING with helpers, EVA BLACK AND RUTH SIELAK

TIME FOR PLAY AT THE REHABILITATION CENTER

Miss Sarah Mae Garrett, Housemother



Trainees and friends spend an evening square dancing.



Two squares in action at Rehab Center Recreation



Alaskana appreciated weekly slide shows



Trainee Playing Records



Playing Ping Pong in Rehab Rec. Room



Solitaire game in one of the Rehab Center bedrooms.



Lunch Time at Rehab.



Evening Snack.

The social worker is at the door to welcome a new patient.



All parts of the Territory are represented, from Ketchikan in the south to Point Barrow on the Arctic.

The social worker invites patients to talk over their problems with her.



Freedom from worry contributes to a more rapid recovery.



Inability to speak English is no barrier as an interpreter is always available.



A parent may be concerned about the family at home.



The social worker explores vocational interests with a young man.



The social worker and her able secretary spend much time in letter writing. Regular letters are written to parents eagerly awaiting news of their child's progress.



Many problems are solved through correspondence with welfare and health agencies in various parts of the Territory. The services of the local Public Health Nurse are invaluable.



While the social worker reads a letter to Charlie from his parents, other children gather round.

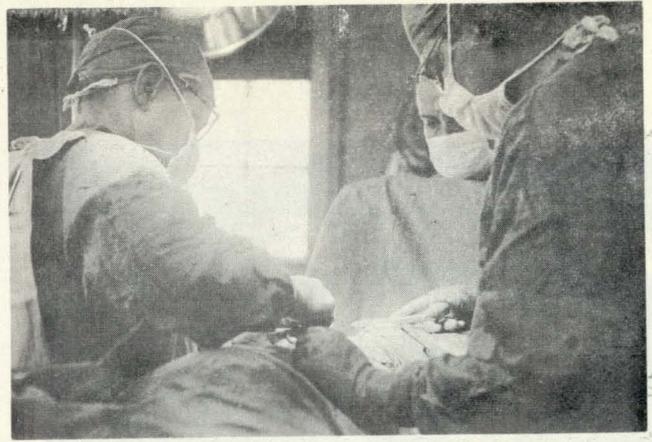
There is always a committee on hand at the time of discharge.



These friends bid good-bye and God speed to destination HOME.

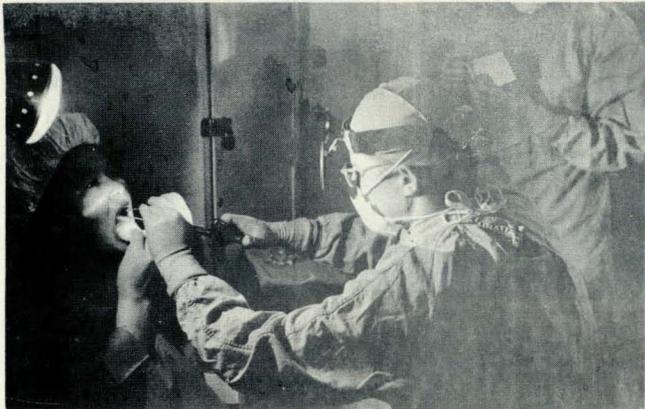


Leave taking is a joyous occasion.



MAJOR CHEST SURGERY





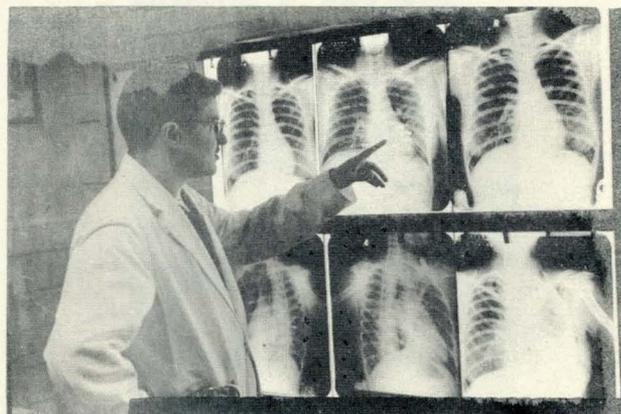
Preparing patient  
for bronchoscopy



Passing the Bronchoscope



Pneumoperitoneum



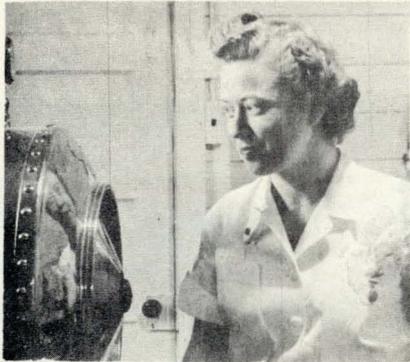
Reviewing Xrays



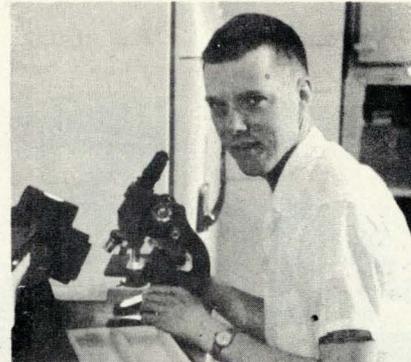
Molding wax for Thoracoplasty with paraffin pack



Mrs. Charlotte Dennison, Laboratory Aide  
 Charles D. King, Medical Technician  
 Miss Ruth E. Frasey, Medical Technologist



Moist heat under pressure is most efficient for destroying acid fast bacilli. After slide and cultures are made, all specimens and glassware are autoclaved.



Each slide is stained and examined under the microscope. Five to ten minutes is spent looking at each slide



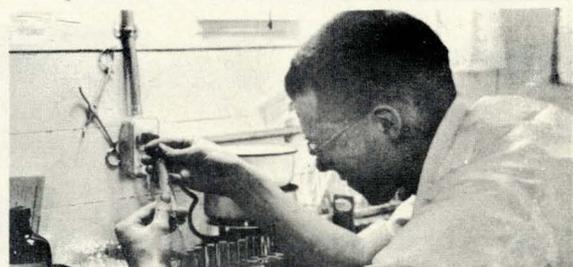
Each sputum and gastric washing is inoculated on a tube of solid media and incubated for six weeks. Cultures are examined each week for presence of growth of acid fast bacilli.



Approximately 280 slides are made each month from sputums or gastric washings for detection of acid fast bacilli.



Each patient receives blood test on admission and periodically during his stay. About 275 blood tests are done each month.

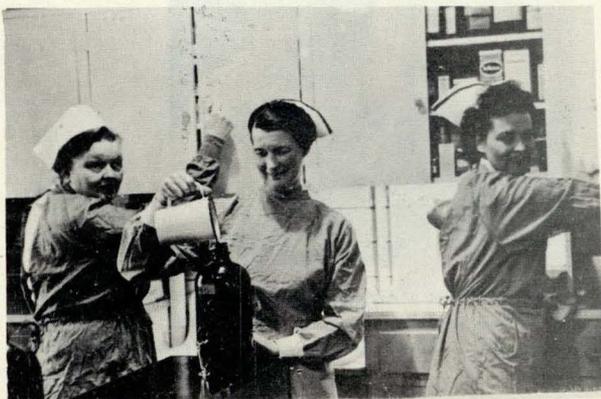


Special chemical analyses of blood samples are also performed in the Sanatorium laboratory.

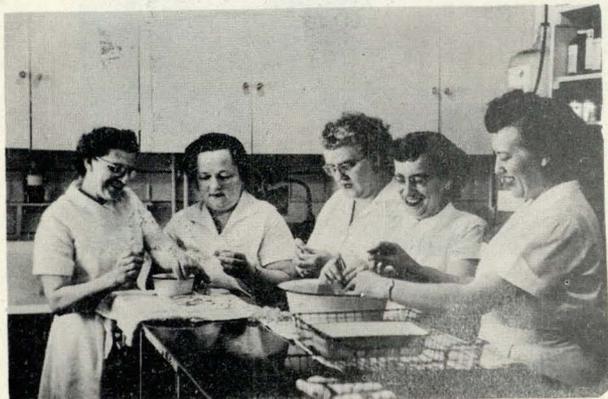


Frances Clark, Xray Technician

CENTRAL SUPPLY



Filling Ward Drug Baskets



Cleaning needles



Cleaning syringes



Labeling bottles

NURSING STAFF

SEWARD SANATORIUM



Ada Stuart  
Director of Nurses



Mary Randolph  
Assistant Director of Nurses



Asta Ostergaard  
Surgery Nurse



Tillie Harris  
Ward 1 Charge Nurse



Nellie Brattain  
Ward 2 Charge Nurse



Mildred Pelch  
Ward 4 Charge Nurse



Ruth Knight  
Ward 3 Charge Nurse



Grace Masney  
Ward 5-6 Charge Nurse



**Jane Kesselring**  
P.M. Supervisor



**Irmgard Hanks**  
P.M. Supervisor and relief Supervisor



**Helen Hatfield**  
Night Supervisor



**Zola Cox**  
Night Staff Nurse and relief supervisor

P. M. SHIFT



Ethel Short  
Ward 1 Nurses Aide



Thelma Mattson  
Ward 2 Nurses Aide



Helen Hiler  
Ward 3 Nurses Aide



Blanche Van Orman  
Ward 5-6 Nurses Aide



Helen Ennis  
Ward 4 Nurses Aide



Ellen Painter--Hazel Pfalmer  
Float Nurses Aides

**NIGHT STAFF**



**Sara Gay**  
**Ward 1 Nurses Aide**



**Edith Bowers**  
**Ward 2 Nurses Aide**



**Florine Isaacs**  
**Ward 3 Nurses Aide**



**Edith Leibelt**  
**Ward 4 Nurses Aide**



**Esther Chipman**  
**Ward 5-6 Nurses Aide**



**Clara Boysal-----Mabel Kendall**  
**Float Nurses Aides**



**Joe Cawthon**  
Surgery Orderly



**Ward 1 Nurses Aides**  
Doris Doyle---Helen Lambert



**Ward 2 Nurses Aides**  
Suzie Brown--Anita Headlee--  
Helen Jackson



**Ward 3 L. P. N.**  
Mary Beckon



**Ward 4 Orderly**  
Russ Nunes



**Ward 3 Nurses Aides**  
Harriett Dick-Edna Vore- Flora Panches



**Ward 4 Nurses Aides**  
Juanita McManus--Anne Riker Thelma O'Brien



**Marie Green**  
part time Nurses Aide

**Ward 5**



**Ward 5 Nurses Aides**  
Myrtle Lotz--Mary Pfalmer--Alice Luikart



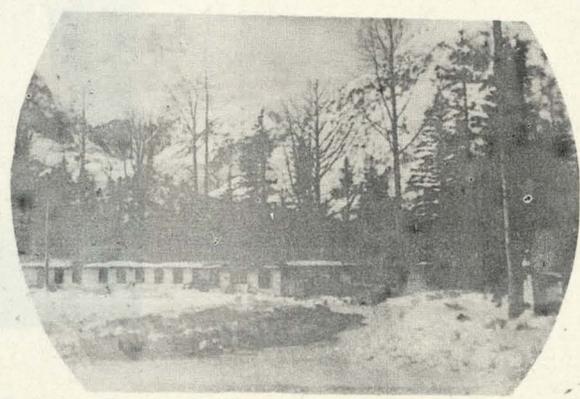
Legionnaire  
Ethel Lindley  
presents flag



Dr. Phillips visits with  
Delegate Bob Bartlett  
in Washington, D. C.



Governor Heintzleman  
visits patients



SEWARD SANATORIUM



Carrie Voss and H. Koonlook  
accept orchids for San friends  
Hospital Day 1954



Jim Jensen and Wife  
showing their work to their  
models



Patient Air-Lift, Alaska Native Service

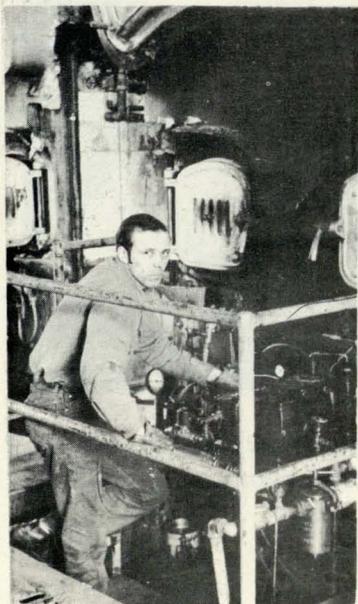
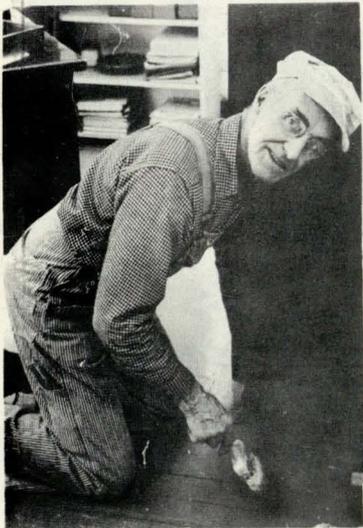
SANATORIUM MAINTENANCE DEPARTMENT



Raymond Rodgers, Foreman  
 Eddie Andreson, Carpenter  
 Willie Cherenoll, Trucker  
 Pete Provenzo, Electrician  
 Luke McCabe, Painter

George Green, Chief Engineer  
 Chuck Karjis, Steam Mainten.  
 Amos Blair, Engineer  
 Howie Rhude, General Mainten.  
 Jack Short, Engineer

Micheal V. Rice, Bus Driver





Soiled linen starting on its way through the Sanatorium laundry.



400 lbs. of wet linens being removed from one of the big washers.



flat work ironer



Sorting laundry for processing



folding linen from dryer



nurses uniforms must be neat and crisp!



finished linen delivered to housekeepers linen room.

SEWARD SANATORIUM LAUNDRY  
C. C. Harrow, Manager

HOUSEKEEPING DEPARTMENT



Helen Graham, Exec. Housekeeper



One of our long corridors, Robert Tucker

Head man, Bill Crookes



Seamstress, Virginia Hesseltine

Linen Cart -- Marie Hoogland



Linen Room -- Marie Hoogland



Albertine Krone



Robert Tucker, Frank Moore and Herbert Nelson



DIETARY DEPARTMENT



Miss Joan Harrison, Dietitian



Mid-morning coffee break!  
Seated: Millie Green, Myrtle Evans, Ann Poe, Bernice Devlin, Vera Nelson, Eva Schnell, Charlotte Nedosik and Opal Terry. Standing: Joan Harrison, Dietitian, Anna Shea, Georgia Walls, Myrtle West and Viola Blom

Mrs. Lillian Aldridge is busy turning out one of her pastry specialties. Mrs. Aldridge took a "Cook's Tour" around the world during her vacation last year.



Shirley Kinda "dishing up"



Vera Nelson and patients' trays



Hamburgers, California Style, Coming!  
Bernice Devlin and Anna Shea

After the patients have eaten, all the dishes must be sterilized in the dish room. Marie Karges and Martha West are two of the women who keep this room shining.



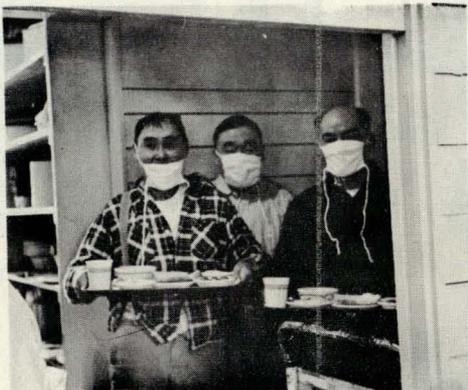
Two generations of cooks  
Mrs. Annie Clarkson and Leah Apayuk, x-patient from Barter Island, Alaska



Celebrating Gabe's Birthday



Olga Kunnuk, a former patient, is preparing lunch at the Rehab kitchen.



**MEN** are the same everywhere when "chow time" is called



We need milk for strong bones



A happy smile from a satisfied patient. Learning to eat a well-balanced, high-protein diet is part of every patient's routine.



Something special! Each patient who has a birthday receives a decorated cake for the ward. Bernice Devlin puts the fancy touches on here.



Betty Nelson, Director

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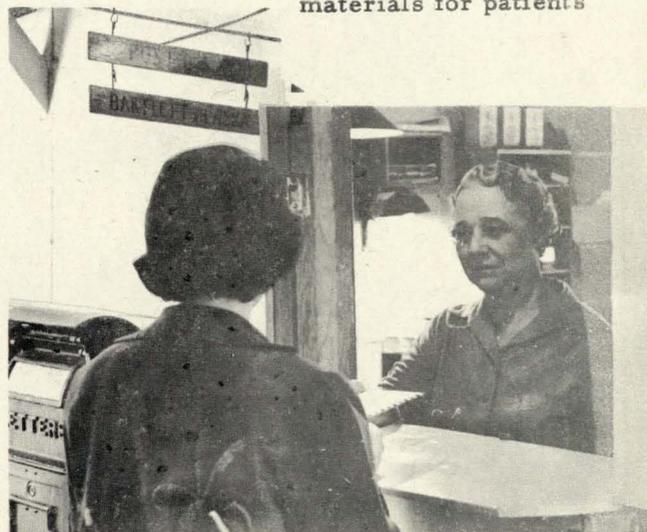
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Jimmie Knowles, WSCS  
Supply Worker finding craft  
materials for patients



Alvin Black, patient  
color-bearer



Mrs. Webb, Bartlett Postmistress  
and customer.



Aileen Kinneeveouk,  
projectionist mailing  
the weekly film exchange



Patsy Tersock tying nylon  
fishnets to use when he goes home.



Kay Francis Kagak, ward  
postal clerk