



Margaret LaVigueure (l) and Vega Pratt (r) halibut fishing near Homer.
(Photo by staff of The Friendship Center.)

Alaska Commission on Aging Annual Report FY01

The mission of the Alaska Commission on Aging is to ensure dignity and independence for Alaska's seniors and to assist them, through programs and services funded by the Commission, to lead useful and meaningful lives.

This Web-based annual report is designed for on-line viewing. For a printed abstract of this report, please contact the Alaska Commission on Aging using the information below.

Alaska Commission on Aging
Department of Administration
Division of Senior Services
P.O. Box 110209
Juneau, Alaska 99811-0209

Phone: (907) 465-3250
Fax: (907) 465-4716

Email: ACoA@admin.state.ak.us

[Alaska Commission on Aging Web page](#)

CONTENTS

(Note: links on some pages take you to Web sites beyond this report. Use your "back" button to return.)

[FY01 Commissioners Membership Roster](#)

[Letter from the Commissioners*](#)

[Executive Summary](#)

[Nutrition, Transportation, and Support Services](#)

[Home and Community-Based Services](#)

[Senior Residential Services](#)

[Senior Community Service Employment Program](#)

[Alaska Mental Health Trust Authority Projects](#)

[Tables and Charts](#)

* ([Requires Acrobat Reader](#))



(907) 465-4879

ACoA Staff

Jon Erickson
Planner II
(907) 465-4792

Lesley Thompson
H&SS Planner I
(907) 465-4793

Sherice Cole
Administrative Assistant II
(907) 465-3250

Alaska Commission on Aging
Contact Email:
hss.acoa@alaska.gov

150 Third St.
PO Box 110693
Juneau, AK 99811-0693
Fax: (907) 465-1398

The mission of the Alaska Commission on Aging is to ensure the dignity and independence of all older Alaskans, and to assist them to lead useful and meaningful lives through planning, advocacy, education, and interagency cooperation.

UPCOMING MEETINGS AND EVENTS

- December 4 & 5, 2012: Anchorage, AK
ACoA Quarterly Meeting
- February 11 – 13, 2013: Juneau, AK
ACoA Quarterly Meeting

WHAT'S NEW?

- **SDS E-Alert – Save the Date for the 1st Annual Adult Protective Services Vulnerable Adult Abuse Awareness Resource Fair**

HEADLINES

Observances



How to Report Elder Abuse

- **Adult Protective Services (APS)**
800-478-9996
Adult Protective Services helps to prevent or stop harm from occurring to vulnerable adults.
- **Office of the Long Term Care Ombudsman**
(800) 730-6393
Office of the Long Term Care Ombudsman that identifies, investigates and resolves complaints relating to seniors in nursing homes and assisted living facilities.
- **Choose Respect: Where to find help**
In 2010, Governor Parnell launched the Choose Respect campaign asking that all Alaskans join in standing up against domestic violence, sexual assault, and child sexual abuse.

Resources

-  Study: Falls hospitalize nearly 9,000 Alaskans since 2005
-  You are not alone. Support and resources are available.
 - Alzheimer's Resource of Alaska (ADRAA)
 - Job training for Alaskans age 55+
Mature Alaskans Seeking Skill Training (MASST)
-  Senior Community Services Employment Program
 - Information about Medical Conditions
 - Alaska Aging Advocacy Network
-  About Aging & Disability Resource Centers (4.27mb)
 - Alaska Senior Fall Prevention Campaign

Publications and Reports

ABOUT ACoA

- Home
- Principles & Purpose
- Publications
- Commission Members
- Commission Meetings
- Committees
- Healthy Body, Healthy Brain
- Legislative Teleconferences
- Legislative Advocacy
- Links & Resources
- News Archive
- State Plan
- Caregiver Support



-  [FY 2011 Annual Report](#)
-  [FY 2010 Annual Report](#)
-  [National ADRD Plan](#)
-  [Profile Of Older Americans 2011](#)
-  [CDC Brain Health Initiative Progress 2006-2011](#)
-  [NCoA Caregiver Report 2010](#)
-  [Senior Snapshot: Older Alaskans in 2010](#)
-  [ACoA Fall 2010 Newsletter:
Bethel Elders Share Needs at ACoA Community Forum](#)
-  [FY 2012 Legislative Priorities](#)
-  [Senior Population and Growth Rate by Census Area/Region](#)
-  [Alaska Leads All States in Senior Population Growt](#)

State Plan for Services

- [State Plan for Senior Services, FY2012–FY2015](#)

 [Follow Alaska_DHSS on Twitter](#) ||  [Connect with us on Facebook](#)

[State of Alaska](#) || [Alaska Pioneer Homes](#) || [Behavioral Health](#) || [Boards and Councils](#) || [Finance and Management Services](#) || [Health Care Services](#) || [Juvenile Justice](#)
[Office of Children's Services](#) || [Public Assistance](#) || [Public Health](#) || [Seniors and Disabilities Services](#) || [H&SS Public Notices](#)
[Accessibility](#) || [Links for staff](#) || [Webmaster](#) || [H&SS Contacts](#)

[State of Alaska](#) [myAlaska](#) [My Government](#) [Resident](#) [Business in Alaska](#) [Visiting Alaska](#) [State Employees](#) [State of Alaska](#) || © 2011 || [Webmaster](#)



FY01 COMMISSIONERS MEMBERSHIP ROSTER

[Back to ACoA Annual Report](#)

Member	Appointed	Reappointed	Term Expires
Doris E. Bacus	9/20/95	9/22/96 11/21/00	9/1/04
Peggy A. Burgin	9/20/95	11/10/99	9/1/03
Ella Craig Pioneers' Homes Advisory Board	9/1/98		
Jesse L. Gardner	9/20/95	8/12/97	8/31/04
Robert Gregovich, Jr.	1/19/00		9/1/03
Marjorie J. Hays, Ph.D.	5/21/97	11/21/00	9/1/04
Banarsi Lal	6/5/00		9/1/03
Daniel K. Karmun, Sr.	9/20/95	8/12/97	8/31/05
Alison M. Elgee <i>Designee for Jim Duncan Commissioner, Department of Administration</i>	6/5/95		
Bernice Joseph <i>Designee for Deborah Sedwick, Commissioner, Department of Community and Economic Development</i>	1/14/00		<i>Resigned position in 2001.</i>
Jonathan M. Sherwood <i>Designee for Karen Perdue Commissioner, Department of Health and Social Services</i>	5/25/95		

[Next Section: Letter from the Commissioners](#)
(Use your browsers "back" button to return here)
[Executive Summary](#)
[Back to ACoA Annual Report](#)

LETTER FROM THE COMMISSIONERS

April 8, 2002

The Honorable Tony Knowles
Governor, State of Alaska

The Honorable Rick Halford
President, Alaska State Senate

The Honorable Brian Porter
Speaker, Alaska House of Representatives

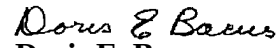
Dear Governor Knowles, Senator Halford, Representative Porter, members of the Twenty-Second Alaska Legislature, and Fellow Alaskans:

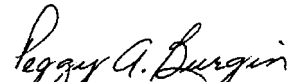
To increase ease of access, and to cut costs for reproduction, we have designed and are distributing this report as a web-based document. The report presents an overview of the Commission's work in FY 2001. We look forward to working with you this coming year to improve the quality of life all of us experience as we age.

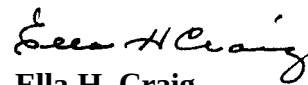
Sincerely,

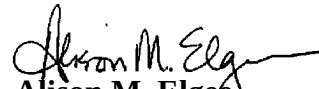


Marjorie J. Hays
Chair, Alaska Commission on Aging

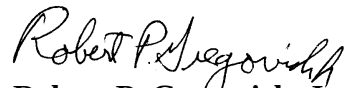

Doris E. Bacus


Peggy A. Burgin


Ella H. Craig

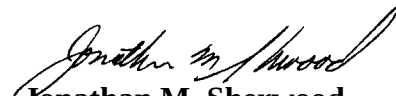

Alison M. Elgee


Jesse L. Gardner


Robert P. Gregovich, Jr.


Daniel K. Karmun, Sr.

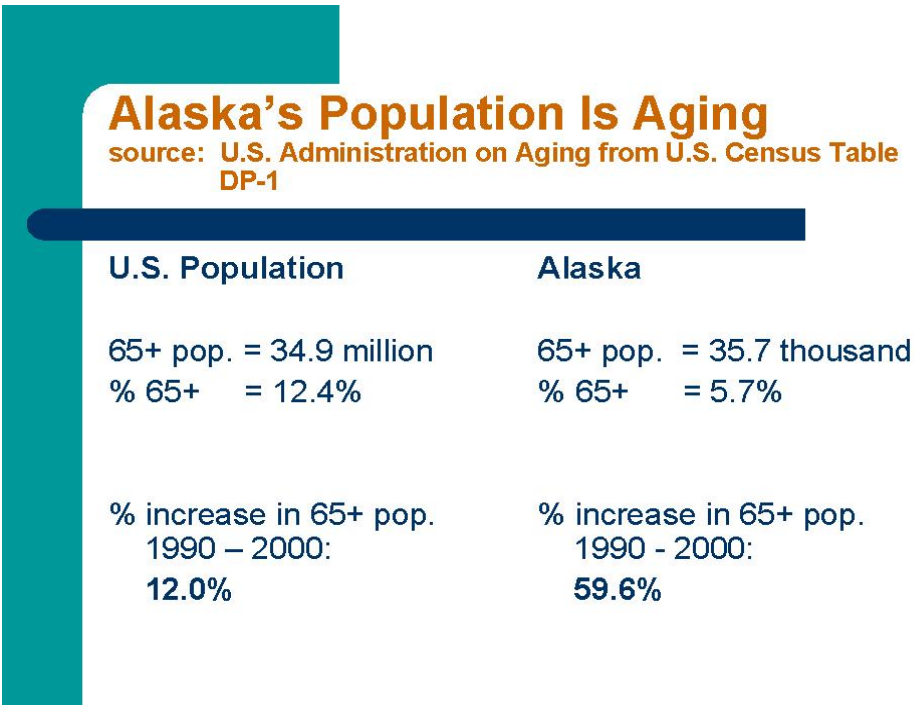

Banarsi Lal


Jonathan M. Sherwood

EXECUTIVE SUMMARY

[Back to ACoA Annual Report](#)

Alaska’s statewide senior citizen community is, proportionately, the second most rapidly growing in the country. Each of us confronts the question: how do we fully realize our potential and sustain our independence in the later years of our lives? The Alaska Commission on Aging engages Alaskans from across the state to ask these questions and work together to answer them. In turn the Commission advocates for state policy, public and private partnerships, and citizen involvement that assists each of us to age successfully in our home community, or as close to home as feasible. Our work involves planning, advocacy, grant making and administration, and interagency collaboration on issues affecting older Alaskans.



The Commission was established under AS 44.21.200 in 1982. It is housed in the Division of Senior Services, Department of Administration. Increasingly the Commission is called upon to advise the Division in its work, and to provide representatives to project workgroups convened by the Division.

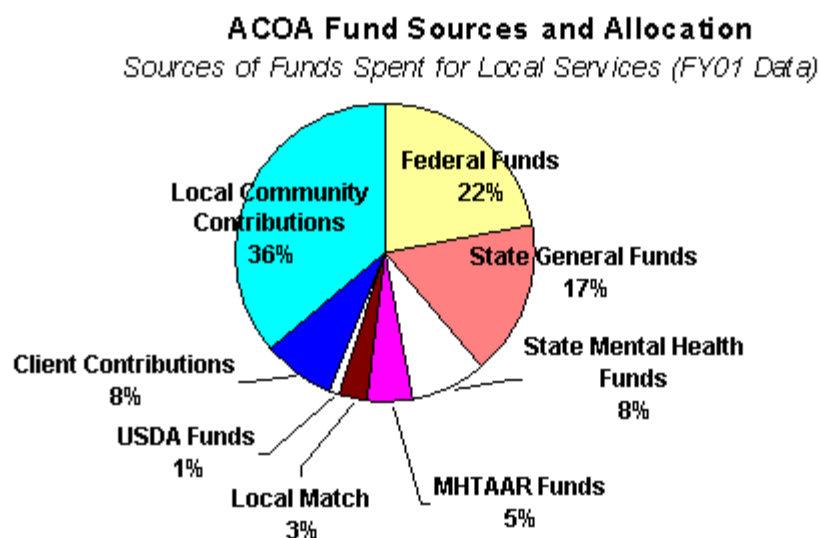
The Commission has broad-based responsibilities. It is the designated sole State agency that develops and administers the State Plan on Aging. The Commission reaches out to inform Alaskans of the dramatic growth in the older Alaskan community. The Commission continues to expand this outreach and education with advocacy and service organizations statewide. The Commission funds and administers senior services grant programs. Services are now delivered by 65 non-profit organizations statewide. Under the terms of the Commission’s grant awards, grantees assure that they will comply with state and federal requirements associated with the types of grant funding awarded. These organizations generate additional monies to fully fund the cost of these vital services. Commission grants are funded with a mix of monies from the Older Americans Act, the State of Alaska, and the Alaska Mental Health Trust Authority (AMHTA). Grants include Nutrition, Transportation and Support Services (hot meals, essential transportation and selective support services), and the Senior Community Service Employment, funded through the federal Older Americans Act (OAA) and state monies. Home and Community-Based Services grants (care coordination, adult day services, in-home respite care, and related caregiver services) are funded by AMHTA, the Older Americans Act, and state funds. Senior Residential Services grants are supported solely by state monies. The Commission has a cooperative agreement with the Alaska Mental Health Trust Authority under which the Trust provides oversight and administrative support for Alaska’s Long Term Care Ombudsman Office (LTCO). The Commission continues its working relationship with the LTCO office, and will annually transfer Older Americans Act funding for operation of the LTCO to the Trust, as well as any OAA increases earmarked for LTCO programs. The

Commission will continue to receive regular LTCO reports regarding the work of the office, emergent issues, and trends, as well as their input and considerations regarding legislation affecting the safety and well-being of Alaskans age 60+ receiving long-term care.

ACoA grantee programs are anchored by a strong base of locally supported, community-directed programs for Alaskan elders. In FY 01, these senior programs were supported with approximately 5.08 million federal dollars through the Older Americans Act and a comparable amount of state funds, including the required matching funds and Mental Health general funds.

Local community contributions, including local match and clients' donations, accounted for 47 percent of the funds necessary to support local senior programs. State and federal dollars accounted for 48 percent of the reported cost to operate local senior programs.

An additional five percent of funds came from the Alaska Mental Health Trust Authority Authorized Receipts (MHTAAR) for innovative pilot projects. Ongoing programs are targeted to low-income, minority, and frail seniors, and those affected by Alzheimer's Disease and Related Disorders. All are encouraged to contribute what they can afford toward the cost of services.



LEGISLATION AFFECTING ALASKAN SENIORS

The cumulative effect of constructive legislation comes into focus through the short review below. These bills and related actions improve state policy and practice in regard to health and personal care, personal safety, and recognition and respect accorded to older Alaskans. These will improve the basic quality of life we experience as we age.

- Payment for breast and cervical cancer treatments for limited income Alaskans whose cancers were detected through a Centers for Disease Control outreach program (HB 65)
- Resolution urging Federal and State outreach to educate Alaskans on the costs of long-term care, the value of participation in long-term care insurance, and the merits of providing incentives, including tax benefits for those who invest in long-term care insurance (SJR 28)
- Transfer of Long Term Care Ombudsman office to Alaska Mental Health Trust Authority, (EO 102) and establishing new minimum salary for the position (SB 112, Chapter 15 SLA 01)
- House Special Committee on Military and Veterans Affairs established (HR 3)
- World War II veterans who left high school to enlist are awarded high school diplomas (SB 64, Chapter 13 SLA 01)

[Next Section: Nutrition, Transportation and Support Services](#)
[Back to ACoA Annual Report](#)

NUTRITION, TRANSPORTATION, AND SUPPORT SERVICES

[Back to ACoA Annual Report](#)



McKinley Kell of the Aquarian Charter School in Anchorage and Rosalie Priest play bingo at the Mabel T. Caverly Senior Center.
(Photo by Senior Voice.)

The Alaska Commission on Aging partners with nonprofit organizations statewide in 110 Alaskan communities to provide Nutrition, Transportation, and Support Services (NTS). NTS grants federal dollars and state general funds. The Older Americans Act is the federal mechanism that provides both funding and guidelines to states for services to eligible seniors. Through NTS, many Alaskans age 60 and older receive essential but minimal support services that enable seniors to live independently for as long as possible.

Local senior service agencies and organizations that receive NTS grants are required to identify and serve low-income, minority, disabled, frail, and isolated seniors in their service areas who are most in need of NTS services. A community's NTS services include any combination of congregate and/or home-delivered meals, transportation, outreach, information and assistance, homemaker and chore services, preventive health services, Foster Grandparent, Senior Companion, and/or Retired Senior Volunteer Program services. The Commission's NTS grants also fund available statewide services such as *Senior Voice*, a monthly information and education newspaper for seniors. Limited legal services for seniors are also supported with NTS funding on a statewide level to assist seniors with personal and legal matters. All NTS services endeavor to support the health, dignity, respect, and independence of older Alaskans.

Just as important as the funding that supports seniors' health and wellbeing are the many dedicated community agencies and workers that see their relationship to seniors as more than a job. Their commitment continues to support an ever-increasing number of seniors with an increasing number of issues, though federal and state funding for these services has generally not increased. The ingenuity and additional resources generated by community senior service agencies in Alaska continues to reach out to those seniors most at risk for health and quality of life issues.

The Older American's Act mandates that senior service agencies and organizations cannot charge seniors 60 and over a fee for the NTS services they receive. However, they can encourage seniors to contribute toward these services. Senior donations are an important additional resource to the NTS programs as the donations are reassigned to the NTS services.

SAMS implementation: The Commission began the SAMS (Social Assistance Management System) software implementation project in FY99. In FY00, the Commission sponsored training sessions for 14 grantee organizations from across the State. During FY00, the NTS grantees entered their clients and the services received, and prepared their systems to begin collecting data beginning July FY01. The implementation has proved to be a challenging process for everyone involved. However, once totally implemented, the data received from ACoA grantees will assist the Commission in defining a true picture of who is being serviced, what services are received, and where services are being received. By the end of FY01, 21 grantee organizations will be able to submit their SAMS data reports via email to the ACoA.

The nutritional risk information gathered in this data will assist ACoA in evaluating the effectiveness of the NTS programs over time and be the first step in developing a comprehensive data management system for Commission programs.

[Next Section: Home and Community-Based Services](#)
[Back to ACoA Annual Report](#)

HOME AND COMMUNITY-BASED SERVICES

[Back to ACoA Annual Report](#)

Home and Community Based Care services include:

- [Adult Day Services](#)
- [In-home Respite Care](#)
- [Care Coordination](#)
- [Alzheimer's Education and Caregiver Support—statewide](#)



Barrow elder Amy Ohpeaha at a congregated meal. (Photo by North Slope Borough Senior Services Staff.)

The Alaska Commission on Aging awards grants to non-profit agencies to provide HCB services. These agencies also receive revenue through services rendered for Medicaid clients, grants funded through the Alaska Mental Health Trust Authority, and through active fundraising, client fees for services, local governments, civic organizations, and other sources.

In general, Home and Community Based programs provide services to physically frail/disabled persons age 60 and older and people of any age with Alzheimer's Disease and Related Disorders (ADRD). Agencies also target individuals with low incomes, people who live alone or with unpaid caregivers, members of ethnic minority populations, and people at risk for services to institutionalization.

Adult Day Services (ADS)

The Alaska Commission on Aging (ACOA) awards grants to support 12 Adult Day Programs located in 11 communities: Anchorage (two centers) Bethel, Chugiak, Fairbanks, Homer, Juneau, Kenai, Ketchikan, Kodiak, Nome, and Palmer.

ADS programs provide therapeutic and support services at a central location to functionally or cognitively impaired adults. Services may include exercise programs, reminiscing and memory activities, social and cultural gatherings, as well as assistance with health and personal care. All ACoA grant funded ADS programs provide services five days per week for a minimum of five hours per day. Individuals attend ADS programs on a planned basis determined by the individual's needs and abilities. After a comprehensive assessment, the staff, client, and caregivers develop a mutually agreed upon plan of care to meet the physical, social, emotional, and cognitive needs of the client. Everyone then reviews the plan of care at least every six months and makes revisions as needed. The need for ADS services often exceeds what is available due to staffing and space limitations of the programs. In addition to direct services provided to individuals attending the programs, caregivers receive respite, information, and support services.

Adult Day Services Client Profile

During FY01 a total of 507 individuals received 261,154 hours of adult day services in programs receiving funding from the ACoA and other funding sources. Of these individuals:

- 69% had Alzheimer's Disease and Related Disorders (ADRD)
- 30% were ethnic minorities
- 69% had incomes below the federal poverty level
- 42% lived in rural areas



Alois Kopun and Dan Skonberg learn to drum with the Kodiak Island Drummers who visited Island Cove Adult Day Program.
(Photo by Pat Branson.)

In-Home Respite Care Services

Respite Care Services are defined as planned care, assistance, and activities provided by a trained paraprofessional caregiver to a dependent adult in the client’s home for a scheduled period of time. Occasionally, the period of time may be extended to 24-hour care in either the client’s home or in another residence or facility. Respite care provides the full-time caregiver a crucial break from the relentless demands of caregiving. Respite also allows the dependent adult to benefit from a change of pace from their regular care provider.

The ACoA provides grants to support respite services in the following areas through four agencies:

Region

Fairbanks

Southeast Alaska

Interior Alaska

Municipality of Anchorage

(Also Southcentral, Northwest, and Southwest Alaska)

Grantee

North Star Borough Fairbanks Resource Agency

Center for Community

Tanana Chiefs Conference

Alzheimer’s Association: Alaska Chapter

Respite Care Client Profile

In FY01, ACoA grantees provided 77,160 hours of respite services to approximately 285 clients in approximately 64 communities throughout Alaska. (These figures represent services funded by the ACoA and MHTA grants, the Medicaid Waiver, and other funding sources.) Grantee quarterly programmatic reports on 285 client profiles indicate:

- 39% had ADRD
- 38% were ethnic minorities
- 74% lived in rural areas
- 71% had incomes below the federal poverty level

Care Coordination

Care coordination involves an in-depth assessment of a person's needs and resources that leads to linking the client to a full range of appropriate services, utilizing all formal and informal resources, and monitoring the care provided over an extended period of time.

Care coordinators interview clients, their family, caregivers, and medical and social care providers to assess the client's complex medical/social situation. Based on the assessment, a tailor-made plan of care that includes referrals for services is designed around the individual's strengths, needs, and desires. The plan is implemented when accepted by the client, the client's family, and caregivers. The care plan is reevaluated at least once per year if needed. A revised plan of care is then designed to meet the client's changing needs.

Care Coordination Client Profile

As reported by ACoA grantees, 1,167 individuals received care coordination services in FY01 through funding from the ACoA, Medicaid Waiver program, and other sources. Quarterly programmatic reports on client services indicate:

- 39% had ADRD
- 38% were ethnic minorities
- 74% lived alone, with family members or other unpaid caregivers
- 39% lived in rural areas
- 71% had incomes below the federal poverty level

Statewide Alzheimer's Disease Community Education and Caregiver Support

In FY01, through a statewide grant from the ACOA, the Alzheimer's Disease Resource Agency of Alaska (formerly the Alaska Chapter of the Alzheimer's Association) provided the following:

- **6218 information and referral assistance calls** to individuals seeking phone numbers, local contacts, and other brief information
- **205 individual and/or family consultations** to individuals seeking extensive information and requests of a broad or indefinite nature (Requests are often multi-faceted in which information on a number of topics is provided. Providing resource materials, emotional support, and follow-up with the client are common activities.)
- **72 support group meetings** for caregivers of Alaskans with Alzheimer's Disease and Related Disorders (ADRD)
- **121 consultations to 105 service providers** often involving an evaluation of a client situation and provision of information to paid service providers
- **84 public awareness activities** of which examples include newspaper articles, public service announcements, newsletters, and public speaking engagements.

Other services include advocacy, education training, quarterly newsletter, caregiver information, and a multi-media lending library.



Santa Claus and Mrs. Claus bear a striking resemblance to Carl and Mary Mallett of the Sterling Area Senior Citizens.
(Photo by Judy Warren.)

SENIOR RESIDENTIAL SERVICES

Kotzebue and Tanana Residential Facilities were established by legislatively mandated funding. The funds are granted through the Commission on Aging to these two rural senior assisted living residences.

The residents, who are primarily Alaska Natives from rural communities in Alaska, are provided all meals and assistance with their housekeeping. Each resident has a semi-private room and receives services such as medication monitoring, skilled nursing care, assistance in transferring from wheel chair to bed, dressing, eating and bathing. These two programs served a total of 43 residents in FY01.

[Next Section: Senior Community Service Employment Program](#)
[Back to ACoA Annual Report](#)

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM

[Back to ACoA Annual Report](#)



Mac McCarron of Paratransit Services, Inc. checks the oil in his AnchorRides van before beginning his route.
(Photo by Jolene Becke)

The Alaska Commission on Aging is proud to operate the Senior Community Service Employment Program (SCSEP) which provides training and employment opportunities to low-income, older Alaskans. The SCSEP allows individuals to remain productive and independent by contributing their talent and services to their communities while earning a modest income. Participating seniors find fulfillment, update and enhance their skills, and develop the self-confidence needed to secure private employment.

SCSEP is our nation's oldest employment, training, and community service program for disadvantaged mature adults.

SCSEP is designed to accomplish these four objectives:

- Foster and promote useful part-time community service opportunities for economically disadvantaged Alaskans aged 55+.
- Enhance participants' employment abilities, skills, and aptitudes to increase their opportunities to obtain jobs offering improved income and benefits.
- Change negative attitudes and stereotypes about older individuals through public education and demonstrated success.
- Conduct projects that promote innovative work alternatives, second career training, and the placement of enrollees into unsubsidized employment.

While receiving training or updating their existing skills, participants provide valuable service to their communities, in roles as varied as teachers' aides, receptionist, providing services in senior centers, and providing assistance to job seekers in the Alaska Job Centers.

SCSEP participants find fulfillment in community service assignments by helping others and contributing to their communities. They often enjoy improved attitudes and health, and as a result, maintain their independence and dignity.

By using their talents, skills, and abilities, SCSEP's participants help change stereotypes about aging and older people. They demonstrate the value of seniors by participating in our State's workforce, which will increasingly depend on them to fill its labor needs. Through their positive example, SCSEP's participants open doors for other seniors who want to continue working and receive training.

With the implementation of the United States Department of Labor's Workforce Investment Act (WIA), the Senior

Community Service Employment Program has become more visible in the employment and training community. The SCSEP is an active partner in the Alaska Job Center Network. Partners are working toward common job applications and orientations, and non-duplication of services. A goal of the WIA is to provide seamless services to both job seekers and employers.

During FY01, Alaska's SCSEP program contributed an estimated 175,000 hours of valuable community service while working with more than 45 nonprofit and public organizations and serving 280 low-income Alaskan seniors.

[Next Section: Alaska Mental Health Trust Authority Projects](#)

[Back to ACoA Annual Report](#)

ALASKA MENTAL HEALTH TRUST AUTHORITY PROJECTS

[Back to ACoA Annual Report](#)



Julie Yoder paints Lucille Wongittilin's nails at the Nome Community Center (photo by Winona Huffman)

Funding from the Alaska Mental Health Trust Authority allows the Alaska Commission on Aging to offer innovative and unique programs to address the needs of beneficiaries. While most of the programs focus on persons with Alzheimer's Disease and Related Disorders (ADRD), other beneficiaries include persons with mental illness and substance abuse disorders in a collaborative effort with the Alaska Mental Health Board and the Advisory Board on Alcoholism and Drug Abuse.

Grants for FY01 include:

- Innovative Respite – explores alternative methods for delivering respite for persons with ADRD beyond current respite guidelines.
- ADRD Mini-Grants – addresses client specific needs, which include dental/vision/hearing and adaptive equipment.
- Substance Abuse Treatment for Seniors – offers outreach, referral, and treatment for persons with substance abuse disorders.
- Day Treatment for Seniors with Mental Illness – provides case management and day programming for persons with mental illness.
- Board Development on Rural Issues – visits to a rural area promotes the exchange of information regarding services available and identifies needs that remain.
- Rural Respite Video Training Program – facilitates training through the dissemination of a video to address dementia issues for respite workers in rural areas.

All of these grants (with the exception of the development of the video) will also be available in FY02-03 to continue services and assist in planning for appropriate services for the future.

ALZHEIMER'S DEMONSTRATION PROJECT

The Alzheimer's Demonstration Project in Southeast Alaska was initiated through a 3 year grant from the Administration on Aging to the Alaska Commission on Aging (ACoA). A partnership was established with SouthEast Senior Services (SESS) to assist in the delivery of services throughout Southeast Alaska to persons identified with

Alzheimer's Disease and Related Disorders and their families. The Alaska Alzheimer's Association delivered training and education on dementia in Haines and Sitka and also completed and distributed the Rural Respite Video throughout Southeast. A neuropsychologist was identified in Sitka who was presenting memory workshops and doing evaluations and expressed an interest in working with the Project.

Contacts were made with 3 communities (Metlakatla, Haines and Sitka) to assess needs related to dementia and contracts for service were developed with 2 agencies (Center for Community and Cornerstone). Services of Universal Workers will be utilized by the home health agencies in an attempt to employ one worker to provide respite, chore, and personal care services rather than utilizing several different workers. This will provide more continuity for the client and family and enable a more specialized approach by a worker trained in dementia. Additional resources will also be identified to address needs not covered by funding through the Project. A review of respite models available in other states has been undertaken and will continue throughout the Project with the expectation that group respite will be established in one community.

Next Section: [Tables and Charts](#)
[Back to ACoA Annual Report](#)

**Alaska Commission on Aging
Annual Report FY01
Data Tables**

Senior Services Provided in SFY 01 by the Alaska Commission on Aging

	FY 00 Service Data	FY 01 Service Data	Percent Change
Congregate Meals Served	273,771	286,611	4%
Seniors Receiving Congregate Meals	9,497	8,049	-17%
Home Delivered Meals Served	338,611	371,054	9%
Seniors Receiving HD Meals	3,529	3,415	-3%
Rides Provided	237,714	198,853	-20%
Seniors Receiving Rides	3,763	3,119	-21%
Information & Referral Contacts	53,145	44,484	-19%
Senior Voice Circulation	10,356	9,486	10%
Care Coordination Preliminary Consultations	2,157	3,478	38%
Care Coordination Clients	1,229	1,167	-5%
Respite Hours	108,303	77,160	-40%
Respite Clients	404	285	-42%
Adult Day Hours	238,923	261,154	9%
Adult Day Clients	466	507	8%

Source: ACoA Staff data collection FY 01

Senior Services Provided in SFY 01 by the Alaska Commission on Aging

Services	SFY 01 Funding	Clients Served	Availability
Congregate Meals	\$1,662,091*	8,049	113 sites statewide
Home Delivered Meals	\$1,505,328*	3,415	Statewide
Transportation	\$1,067,509	3,119**	Many areas statewide
Legal Services	\$150,000	630	Anchorage, Barrow, Bethel, Fairbanks, Juneau, Ketchikan, Kodiak, Nome and Statewide
Media	\$120,267	9,486	Statewide
Information/ Assistance Grants	\$278,905	44,484 contacts	Most meal sites
Homemaker/Chore Services	\$139,737	473 Homemaker 69 Chore	SE Alaska, Houston, Anchorage, Nenana, Kodiak, Upper Tanana, Bristol Bay, Fairbanks
Volunteer Services	\$66,833	871	Juneau and Fairbanks
In-Home Respite	\$484,439	285	Statewide
Adult Day Care	\$1,394,399	507	Anchorage (2), Bethel, Juneau, Kenai, Chugiak, Fairbanks, Homer, Nome, Kodiak, Palmer, Ketchikan
Care Coordination	\$932,937	1,167	Anchorage, Juneau, Interior villages, Fairbanks, Mat-Su, Bristol Bay,

			Kenai peninsula
Alzheimer's Support and Education	\$115,443	401 clients received individual/family counseling, 72 support groups met; 6,218 information contacts	Statewide in 60 communities
Senior Residential Care	\$1,015,000	43	Kotzebue, Tanana
Senior Employment Services - age 55+	\$1,706,214	175	Statewide

Table represents figures available for the SFY 00 funding period

- *Does not include USDA reimbursement
- **Includes assisted and unassisted transportation
- ***Assisted Living represents beds available

Additional Senior Services Provided in SFY 01 by State Agencies

Agency	Services	SFY 01 Funding	Clients Served	Availability
Division of Senior Services	Adult Protective Services	Not a grant program	Total Intakes: 1031 including: APS Investigations: 751 Licensing Investigations:86 Referrals out: 139 Information Requests: 55	Statewide
	General Relief	\$1,639,058	160 clients served monthly for a total of over 330 unduplicated clients served annually	Statewide
	Assisted Living licensing (community) ***	Not a grant program	137 licensed homes with 1,461 beds	Anchorage, Barrow, Chugiak, Delta Junction, Dillingham, Eagle River, Fairbanks, Homer, Juneau, Kasilof, Kenai, Ketchikan, Kotzebue, North Pole, Palmer, Seward, Sitka, Sterling, Tanana, Wasilla
	CHOICE for the Elderly age 65+	\$15,100,000	1,100	Statewide
	CHOICE for Adults age 21–64	\$8,100,000	629	Statewide
	Information and Insurance Help lines - toll-free telephone numbers	Operate from Grants from Center for Medicare & Medicaid Services/AoA	1817 Calls	Statewide
	CHOICE Personal Care	\$1,425,008	1,400 clients (433,368 service hours)	Statewide
DOA - Division of Alaska Longevity Programs	Pioneers Homes ADRD Assisted Living Other Assisted Living***	Program Receipts: \$12,313,200 GF/MH: \$10,352,300 GF: \$11,393,700	6 licensed facilities: 119 ADRD beds 442 non-ADRD beds	Fairbanks, Palmer, Anchorage, Juneau, Sitka, Ketchikan
	Alaska Longevity Bonus	\$59,125,500	21,467	Statewide

DOA - Office of Public Advocacy	Guardianship/ Conservatorship	Not a grant program	142 adults 65+	Statewide
DHSS - Division of Medical Assistance	Medicaid Nursing Home Placements	\$51,200,000	883 recipients	Ketchikan, Wrangell, Cordova, Petersburg, Kodiak, Homer, Nome, Seward, Juneau, Soldotna, Anchorage, Fairbanks, Sitka
DHSS - Division of Public Assistance	Adult Public Assistance for Seniors age 65+	\$18,692,000	4,661	Statewide

Table represents figures available for the SFY 01 funding period

- *Does not include USDA cash
- **Includes assisted and unassisted transportation
- ***Assisted Living represents beds available

[Back to ACoA Annual Report](#)



[Products](#)[Solutions](#)[Learning](#)[Help](#)[Downloads](#)[Company](#)[Buy](#)



[My Adobe](#)[Privacy](#)[My cart](#)[Sign in](#) 

[Home](#) / [Downloads](#) / [Adobe Reader](#) /

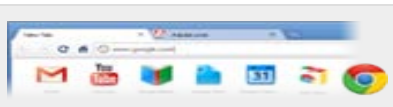
Adobe Reader download



Adobe Reader X (10.1.4) (48.49 MB)

Your system: Windows XP SP2 - SP3, English

[Do you have a different language or operating system?](#)



Free! Google Chrome a fast web browser with optimized Adobe Flash Player integration

Yes, install Google Chrome - optional (31.47 MB)

 **Download now**

Please note, depending on your settings, you may have to temporarily disable your antivirus software.

RESOURCES

[Learn more about Adobe Reader](#)

[Adobe Reader system requirements](#)

[Distribute Adobe Reader](#)

[Learn more about Google Chrome](#)

[Google Chrome privacy policy](#)

Additional Resources:

[PDF to Word Doc Converter](#)

[PDF Editor](#)

[Word to PDF Converter](#)

[Create Online Forms](#)

[PDF Converter](#)

[Convert PDF to Word Doc](#)

 **Choose your region**

[Careers](#)

[Permissions and trademarks](#)

[EULAs](#)

[Report piracy](#)

[Contact Adobe](#)

[Security](#)

Copyright © 2012 Adobe Systems Incorporated. All rights reserved.

[Terms of Use](#) | [Privacy Policy and Cookies](#) (Updated)

