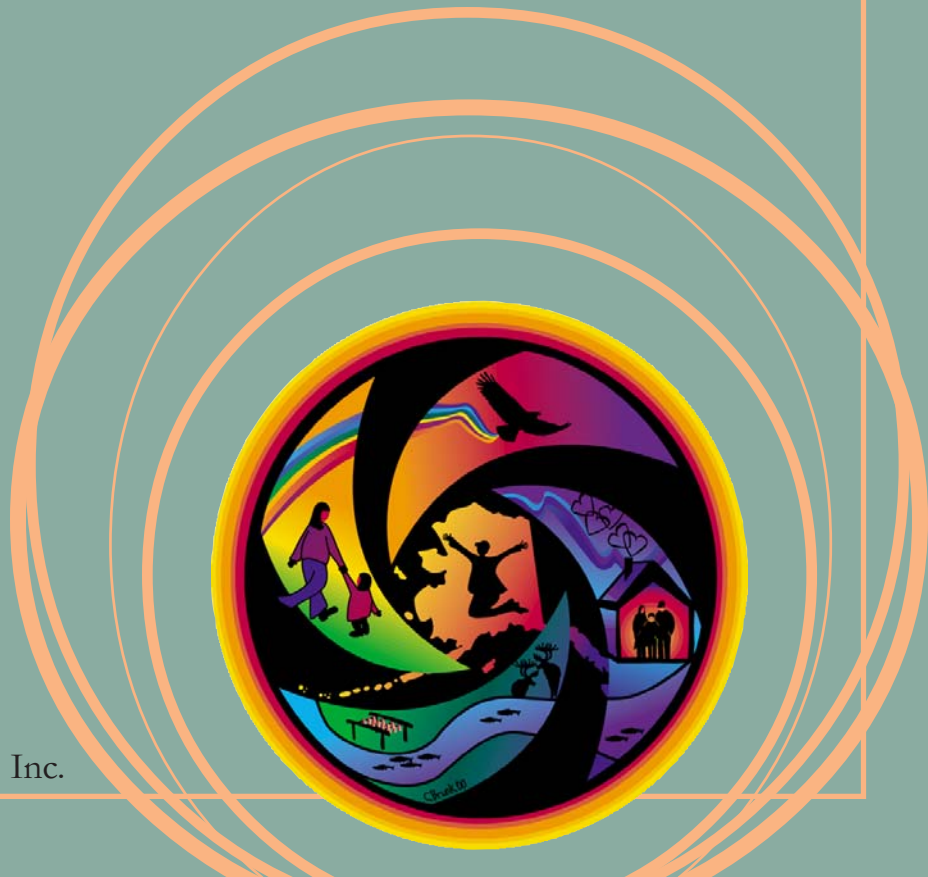




2006 ANNUAL REPORT



RurAL CAP

Rural Alaska Community Action Program, Inc.

This publication is dedicated to Jonathon Solomon...

Life-long Alaskan and long-time Native leader and advocate for Alaska Native rights, Jonathon Solomon, 77, of Ft. Yukon, passed away the morning of July 13, 2006.

Jonathon was best known for his strong role in the preservation of the Porcupine Caribou herd and the protection of the Arctic National Wildlife Refuge. In addition to serving as chair of the Gwich'in Steering Committee, he was a member of the U.S. delegation to the International Porcupine Caribou Agreement between the U.S. and Canada.

Among other public service positions held, Jonathon was a 37-year board member of the Rural Alaska Community Action Program; he was also an original incorporator and member of the first Board of Directors of Doyon, Ltd. Jonathon was past president of the Denakkanaaga' Elders Conference, was the Traditional Chief of Ft. Yukon, and served on the AFN Board of Directors. In 2002, the Alaska Federation of Natives honored him as the Citizen of the Year.

Jonathon's family said that while he was known publicly for his advocacy on behalf of his people, they will remember him most as a devoted husband, father, son, grandfather and uncle. "He was a leader of our family, first and foremost," they said, and were happy and honored to share him with our people, and with citizens throughout Alaska and internationally.

Thank you, Jonathon, for sharing your passions with us.



Table of Contents



Mission Statement.....	2
Board of Directors.....	2
Message from the Board President.....	3
Message from the Executive Director.....	4
Organizational Chart.....	5
Financial Summary.....	6
Agency Overview.....	7
Anchorage Services Division.....	8
Child Development Division.....	12
Site Map.....	14
Community Development Division.....	18
Rural Housing and Planning Division.....	22
Rural Energy Enterprises (R.E.E.).....	26
Acknowledgements.....	28

Credits

<i>Design and Layout:</i>	Clara Hughes
<i>Photos:</i>	Bill Hess, RurAL CAP staff
<i>Cover Photo:</i>	Nunapitchuk children



MISSION STATEMENT

Who we are:

RurAL CAP is one of more than 1,000 “Community Action Agencies” nationally. In Alaska, RurAL CAP is the only CAA. The Agency is a private nonprofit corporation whose goal is to promote maximum participation by village people in overcoming all forms of poverty.

What we do:

RurAL CAP encourages the efforts of low-income people attempting to break the cycle of dependency and gain control of the changes affecting their lives. Its mission is to protect and improve the quality of life for low-income Alaskans through education, training, direct services, decent and affordable housing, advocacy and strengthening the ability of low-income people to advocate for themselves.

Why we do it:

RurAL CAP recognizes the unique values and way of life of rural Alaskans. It plans its activities with input from and respect for the people it serves. It follows the belief that rural communities have the right to maintain their cultural heritage and close relationship to the land while protecting their economic and human potential.

2006 RurAL CAP Board of Directors

EXECUTIVE COMMITTEE

<i>President</i>	Andrew Ebona
<i>Vice-President</i>	Mike Williams
<i>Secretary/Treasurer</i>	Taqluk Hepa
<i>Committee Member</i>	JoAnn Jackson
<i>Committee Member</i>	Boris Merculief
<i>Committee Member</i>	Donne Fleagle

TARGET AREA REPRESENTATIVES

<i>Alaska Native Brotherhood</i>	Andrew Ebona
<i>Aleutian/Pribilof Islands Association</i>	Boris Merculief
<i>Association of Village Council Presidents</i> ...	Wassilie Bavilla
<i>Bristol Bay Native Association</i>	Myra Olsen
<i>Child Development Policy Council</i>	JoAnn Jackson
<i>Chugachmint</i>	Benna Hughey
<i>Copper River Native Association</i>	Robert Marshall
<i>Gwitcha, Gwitch'in Ginkeye</i>	Johnathon Solomon
<i>Kaverak, Inc.</i>	Stanton Katchatag
<i>Kodiak Area Native Association</i>	Olga Malutin
<i>Maniilaq Association</i>	Louie Commack, Jr.
<i>Tanana Chiefs Conference</i>	Dr. Al Ketzler, Sr.
<i>Tlingit-Haida Central Council</i>	Dewey Skan, Jr.

PRIVATE SECTOR REPRESENTATIVES

<i>Alaska Christian Conference</i>	Rev. David Fison
<i>Alaska Inter-Tribal Council</i>	Lee Stephan
<i>Alaska Village Initiatives</i>	Donne Fleagle

PUBLIC SECTOR REPRESENTATIVES

<i>Akiak I.R.A. Council</i>	Mike Williams
<i>Alaska Bush Caucus</i>	Rep. Mary Kapsner
<i>Alaska Coop. Extension Service</i> ..	Dr. Anthony Nakazawa
<i>Municipality of Anchorage</i>	Diane DiSanto
<i>North Slope Borough</i>	Taqluk Hepa
<i>Northwest Arctic Borough</i>	Ron Moto, Sr.
<i>Office of the Governor of Alaska</i>	Annette Kreitzer
<i>Qutecak Native Tribe</i>	Maranda Nelson



RurAL CAP is governed by a 24-member volunteer Board of Directors representing every region of Alaska. There are three types of directors on the RurAL CAP board:

- 1) Target Area Directors make up at least one-third of the board as representatives of organizations which serve low-income Alaskans in specific geographic areas;
- 2) Private Sector Directors are officials or members of other nonprofit organizations whose mission and interests complement those of RurAL CAP; and
- 3) Public Directors make up exactly one-third of the total board as representatives of elected or appointed public officials.

The board meets quarterly to set policy and conduct the business of the corporation. The executive committee meets between regular meetings of the full board to oversee agency business. The detailed work of the board is conducted through the efforts of five standing committees:

administration and finance; audit; child development; community development; and subsistence and tribal issues.

RurAL CAP is an important resource to rural communities and a powerful force for positive change in Alaska. RurAL CAP serves to bridge the aspirations of rural and low-income Alaskans with the needs and priorities of funders. Its programs and services are built on a solid administrative foundation. The agency is financially sound and has excellent systems and people who provide accounting, personnel, information technology, purchasing and administrative services.

Each of RurAL CAP's 24 board members brings different experiences and interests to the table. In past years, I have had the privilege of serving on the board as a representative of both the Governor of the State of Alaska and of the Alaska Native Brotherhood. As board president, I greatly appreciated the opportunity to meet with other leaders from around the state and to participate in planning and policy decisions. But mostly what I appreciate is the people of RurAL CAP. As Jonathon Solomon once stated so simply and eloquently, "This is an action board. We get things done!"

Sincerely,

Andrew Ebona, President
Board of Directors

*"RurAL CAP is
an important
resource to rural
communities and
a powerful force
for positive
change in
Alaska."*



Photo: Bill Hess

“We invite you to share in our accomplishments and we thank you for your support.”

It is my privilege to present to you RurAL CAP's 2006 annual report. The Rural Alaska Community Action Program, Inc. is a private, statewide, nonprofit organization working to improve the quality of life for low-income Alaskans.

This annual report provides us with an opportunity to share with you an account of our activities for the fiscal year period from October 1, 2005 through September 30, 2006. As we pursue our vision of *Healthy People, Sustainable Communities, and Vibrant Cultures*, RurAL CAP has continued to innovate and grow in exciting new directions while maintaining core programs which produce measurable results.

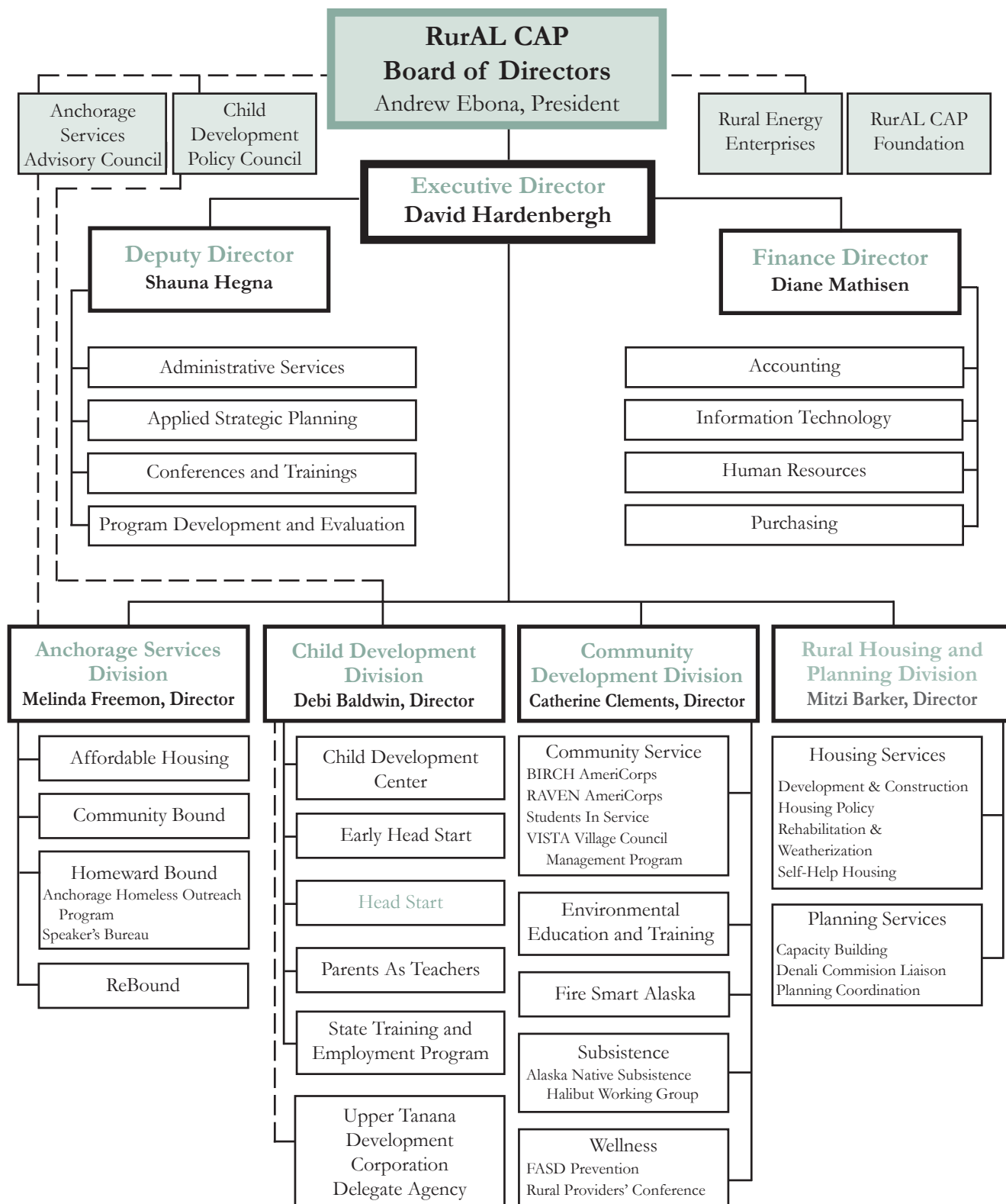
A sampling of 2006 accomplishments includes the:

- ✧ Provision of early childhood development services to 1,389 children;
- ✧ Completion of a new Head Start facility in Nunapitchuk and initial construction of a new facility in Savoonga;
- ✧ Launching of a self-help, owner-built housing program in Sterling;
- ✧ 23rd annual Rural Providers' Conference in Bethel;
- ✧ Fire safety education and equipment installation in 1,600 rural homes;
- ✧ Community planning initiative in Russian Mission;
- ✧ Support for the Alaska Native Subsistence Halibut Working Group;
- ✧ Addition of eight units of Affordable Housing in Anchorage to bring the total inventory of low-income apartments to 40;
- ✧ Coordination of 40,000 volunteer hours by AmeriCorps and VISTA members;
- ✧ Weatherization services in Hooper Bay, Juneau, Noorvik, Shaktoolik, and Shungnak; and
- ✧ Employment of 725 Alaskans in 61 communities statewide.

With leadership from a dynamic board and a productive staff, RurAL CAP continues to be a catalyst for community action and retain its place on the cutting edge of human service organizations in Alaska. As an organization that has been providing critical and cost-effective services since 1965, we invite you to share in our accomplishments and we thank you for your support.

Sincerely,

David Hardenbergh
Executive Director



Rural CAP Organizational Chart



2006 Fiscal Year (10/1/05 - 9/30/06)

Source of Funds

Alaska Department of Commerce, Community, and Economic Development
Alaska Department of Education and Early Development
Alaska Department of Health and Social Services
Alaska Department of Labor and Work Force Development
Alaska Department of Military and Veterans Affairs
Alaska Housing Finance Corporation
Alaska Mental Health Trust Authority
ConocoPhillips
Donations and Other Sources
Fees and Service Contracts
Key Bank
LISC Enterprise Foundation
Rasmuson Foundation
University of Alaska Southeast
US Corporation for National and Community Service
US Department of Agriculture
US Department of Education
US Department of Health and Human Services
US Department of Homeland Security
US Department of Housing and Urban Development
US Department of the Interior
US Environmental Protection Agency

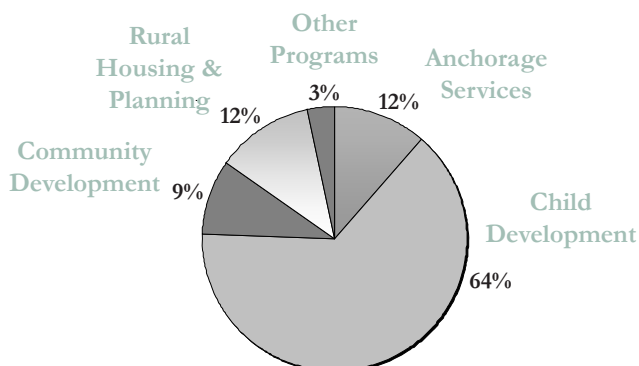
Award Expenditures

4,500,958	2,261,448
6,006,708	3,307,350
357,766	187,261
108,150	86,517
261,016	34,848
3,685,589	1,745,371
265,000	160,040
10,000	7,192
881,756	236,699
1,995,600	1,290,716
201,000	49,878
45,000	35,150
20,000	20,000
198,642	93,829
104,600	29,519
613,124	88,853
1,960,691	930,401
10,935,333	8,357,438
372,031	347,809
1,288,452	586,550
50,000	14,010
293,159	254,293

Subtotal	20,125,172
Rural Energy Enterprises Expenditures	6,064,611
TOTAL	26,189,783

Agency Allocations

	Expenditures	Percentage
Anchorage Services Division	2,300,316	12%
Child Development Division	12,915,345	64%
Community Development Division	1,841,362	9%
Rural Housing & Planning Division	2,391,025	12%
Other Programs	677,124	3%
2006 FISCAL YEAR TOTAL	20,125,172	100.00%



RurAL CAP's federally approved indirect rate of 11.9% of direct costs covers administrative expenses such as those for the Executive, Human Resources, Accounting and Purchasing Staff, Corporate Insurance, Annual Audit and Board of Directors.



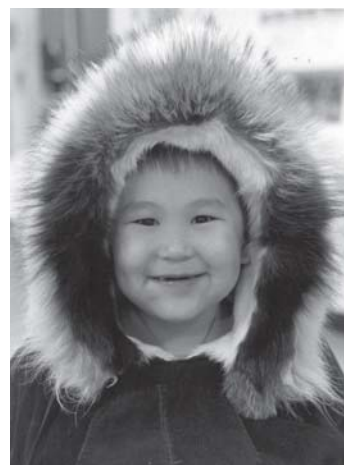
AGENCY OVERVIEW

The Rural Alaska Community Action Program, Inc. (RurAL CAP) has been working to improve the quality of life for low-income Alaskans since 1965. RurAL CAP provides resources and services to enhance child and family development, improve housing, save energy, develop leadership, promote environmental conservation, prevent substance abuse, and foster independent living. Governed by a 24-member Board of Directors representing every region of the state, RurAL CAP is one of the largest and most diversified nonprofit organizations in Alaska.

Head Start and Early Head Start programs make up the biggest part of RurAL CAP services with more than 200 employees working in 28 communities across the state. Other services include weatherization projects, AmeriCorps and VISTA community service programs, Homeward Bound, child care, affordable housing, health and wellness activities, and public policy and advocacy.

Overall RurAL CAP employed more than 700 Alaskans in 2006. RurAL CAP uses an applied strategic planning process to continually reinvent itself through innovative services for low-income Alaskans. As it strives to maintain its reputation as a great human service organization, RurAL CAP follows the philosophy that community action is a people process, one which serves to reinforce the intangible values of personal responsibility, community self-reliance, participatory decision making, and overall well-being.

The following pages share a summary of program and service results.





RurAL CAP's Anchorage Services Division brings hope and opportunity to economically disadvantaged people in Anchorage. Beginning in 1997, the programs serving rural Alaskans in Anchorage have brought innovative responses to complex problems such as chronic homelessness, alcoholism and unemployment. The Division offers five programs that have as their foundation the principles of self-advocacy and skill building as pathways to permanent housing and community reintegration.



HOMEWARD BOUND

Recognized as a nationally acclaimed program, Homeward Bound supports individuals' rights to choose their own pathway to self-sufficiency and permanent housing by utilizing a harm reduction model. Homeward Bound's 25-bed transitional living program provides intensive case management to chronic homeless alcoholics for up to two years.

Homeward Bound assists residents by providing outreach, detoxification, housing, case management, reintegration and cultural enrichment activities, individual and group counseling, employment and life skill development. Residents come from all areas of Alaska with rich work, educational and family histories; 79% of residents are Alaska Native and 21% are Caucasian, Native American and African American.

Providing Trauma Informed Care

Through a Substance Abuse and Mental Health Services Administration (SAMHSA) grant, the Anchorage Services Division staff received training in TARGET, a nationally recognized model for helping individuals impacted by trauma. The principles of trauma informed care have been integrated into the full range of program activities.

Cultural Competency and Gender Specific Services

Homeward Bound offers a variety of culturally relevant activities to residents and community members. For the past five years, the ceremonial Sweat Lodge and Talking Circle have served as compelling methods of cultural enrichment. Residents also attend numerous culturally specific events throughout the year. Recognizing the differences in life experiences of men and women, the Homeward Bound programs offer activities oriented to building trust and cohesiveness within an individual's gender group.

2006 Cultural Activities Accomplishments:

160	number of times that Homeward Bound residents participated in the Sweat Lodge
200	number of times that community members have participated in the Sweat Lodge
500	number of individuals that have participated in a total of 40 Talking Circles



2006 Homeward Bound Accomplishments:

- 68 Participants received comprehensive services recognized as a Promising Practice by the Alaska Division of Behavioral Health

Cumulative Homeward Bound Accomplishments:

- 253 People have been residents in Homeward Bound
200 Alaska Native residents (79%)
97 Participants graduated by completing the program or moving into stable housing
65 Have remained in Homeward Bound for 12 months or longer (cumulative)



Speaker's Bureau

The Speaker's Bureau was formed to empower Homeward Bound residents to educate the community on issues pertaining to homelessness. Through public speaking training opportunities, to cultural celebrations to the Rural Provider's Conference, Homeward Bound employees and residents join together to enhance peoples' understanding of homelessness.

2006 Speaker's Bureau Accomplishments:

- 3,653 individuals received information from the Speaker's Bureau;
22 educational presentations were conducted; and
26 individuals participated in the Speaker's Bureau presentations.

Anchorage Homeless Outreach Program

Making daily visits to homeless camps throughout the Anchorage area, the Anchorage Homeless Outreach Program (AHOP) team creates a welcoming bridge between living on the streets and beginning a new life. The Outreach Specialists have established relationships with service providers in Anchorage to maximize access to resources so homeless individuals can begin the journey home to a safe and secure way of living.

2006 Anchorage Homeless Outreach Program Accomplishments:

- 2,333 people received outreach services or referrals
384 individuals have received emergency cold weather gear
221 individuals participated in unsheltered surveys





COMMUNITY BOUND

The Community Bound Case Management team offers extensive support to Homeward Bound residents as they move from transitional to permanent housing. Participants receive education in tenant rights and responsibilities, employment, money management, social relations, health and wellness, communication, advocacy and in many other essential life domains. Local social service and medical providers contribute to the care of each participant.

2006 Community Bound Accomplishments:

26	participants obtained temporary or part-time employment;
40	individuals increased their income through employment or artwork sales;
9	individuals obtained full-time employment;
10	individuals who were homeless selected housing and signed lease agreements;
3,092	pounds of plastic, newspaper, glass and aluminum were collected and recycled in the Mt. View area with Homeward Bound volunteers; and
7,100	pounds of refuse were collected in the Mt. View community by volunteers in the Homeward Bound Neighbors That Care effort.

ReBOUND

The ReBound program component is a social enterprise that provides employment opportunities through a woodworking shop, with business partnerships in the community and through job development strategies. The program addresses the specialized employment needs of individuals who have experienced chronic homelessness, alcoholism and long periods of unemployment.

2006 ReBound Accomplishments:

- ✧ 10 people worked full or part time in the ReBound employment program
- ✧ Over 10,000 hours of employment were directly generated within the community of Anchorage due to the ReBound program
- ✧ Over 500 products were produced for sale throughout Anchorage





AFFORDABLE HOUSING

RurAL CAP's Affordable Housing program provides 40 rental units to individuals with little or no income. The Affordable Housing program differs from other available housing in that it only requires a person's ability to pay rent, to care for an apartment, and be a good neighbor as prerequisites for tenancy. The foundation of the program is to provide individuals with a safe and secure home that is affordable.

2006 Affordable Housing Accomplishments:

- ✧ Expanded housing inventory by eight units, bringing the total inventory to 40 rental units;
- ✧ 22 families from a homeless or transitional living situation remained in affordable housing units for 12 months or moved into housing that is equal or better;
- ✧ 13 families previously homeless or in transitional living situations received housing services;
- ✧ Formed partnerships with the Coming Home I & II projects, Alaska Housing Finance Corporation, Anchorage Community Mental Health, Cook Inlet Housing Authority, Veterans Administration, Alaskan Aids Assistance Association and the Brother Francis Shelter; and
- ✧ Rehabilitated two rental properties in Mt.View.



David Fratis presented a Homeward Bound workshop session at the 2006 Rural Provider's Conference in Bethel. David shared his story with conference participants, giving them insight into homelessness and life on the streets. He explained how his alcoholism and homelessness affected all of his relationships and caused numerous relapses in his treatment. David also talked about the Homeward Bound program and how the individualized treatment plan helped him recover and start a new life. He encouraged conference participants to refer those in need to the Anchorage Services division at RurAL CAP to receive professional and effective services.

A Life Transformed

Until the age of 13, David Fratis grew up on St. Paul Island, a small village located in the Bering Sea. His teen years were spent in and out of foster care and at McLaughlin Youth Center, a correctional facility for adolescents. When David began interacting with Homeward Bound's Outreach Specialist in 2001, he had spent 18 years on the streets of Anchorage.

Homeward Bound arranged for David to attend a substance abuse treatment program. He returned and attended the Rural Providers' Conference in Kotzebue. While at Homeward Bound, David completed and graduated from Wellness Court in 2002. David started to set career goals for himself and decided he wanted to assist others who were addicted to alcohol and were homeless. He attended counselor technician training and in 2004, moved in to an Affordable Housing unit.

David began his employment with Homeward Bound as an on-call Operations Technician. He was then selected as an Outreach Specialist for Homeward Bound. Through his new position, he enjoys assisting individuals and feels as though he not only understands the homeless individuals' experience but he offers them solutions by coming into Homeward Bound. David's journey is one of tremendous determination and personal strength; he has impacted hundreds of lives in a positive way and is a valued member of the RurAL CAP family.



The Child Development Division provided services to prenatal women, children and families in 28 communities across Alaska. The programs offered by the division include Head Start, Early Head Start, Parents As Teachers, and a Child Development Center. The Child Development Division administered more than \$12 million in state, federal and private funds in 2006.

All Child Development Division programs are designed to facilitate parent involvement and community collaboration. Programs promote the basic tenant that parents are their child's first and best teacher. Services to children promote positive socio-emotional development, healthy lifestyles, cultural richness and school readiness. Services to families support self-determination and empowerment.



HEAD START & EARLY HEAD START

Head Start and Early Head Start are comprehensive child development programs serving young children and their families. The Head Start program focuses on three and four-year-old children and their families. Early Head Start serves prenatal to three-year-old children and their families. The programs work to ensure that children are healthy and thriving in all aspects of development. Parents are empowered to understand the needs of their children and advocate for quality education and healthy development.

Active Parent Committees are formed at each Head Start Center to assist the staff in developing authentic curricula, increasing community support and offering advice on programmatic and fiscal decisions. Parents help determine the cultural appropriateness and responsiveness of program services.

2006 Head Start/Early Head Start Highlights:

969	children served in 28 communities;
17	pregnata women served;
276	families received assistance from at least one social service program;
700	children received dental exams;
873	children received developmental screenings; and
44%	average learning gains in key indicators of school readiness for four-year-old children.

Other 2006 Head Start/ Early Head Start Highlights:

- ✧ Successful completion of the Federal On-Site Monitoring Review resulted in "grantee in good standing" status.
- ✧ An open house event was held at the new Nunapitchuk Head Start/ Early Head Start facility. The 3,698 square-foot facility provides a classroom and gross motor room for 20 Head Start children and office



space and group socialization space for home visitors serving 30 families with infants and toddlers.

- ✧ Construction began in September on a new Savoonga Head Start facility. The 4,800 square-foot facility will house two classrooms, a gross motor room and office space for both the Head Start and Parents As Teachers program. The facility will serve 40 Head Start children and 24 Parents As Teachers families.
- ✧ An 800 square-foot classroom addition was completed at the Akiak Head Start/Early Head Start facility. The expanded classroom enables the local program to serve more eligible Head Start children in the community.
- ✧ Head Start completed its participation in a national three-year FACES study. Five communities were selected by the U.S. Department of Health and Human Services, Administration for Children and Families as part of the Family and Child Experiences Survey. The survey measured the impact and outcome of Head Start services on enrolled families.
- ✧ RurAL CAP's Head Start/Early Head Start staff completed 363 college credits as part of the ongoing professional development program. Six staff members graduated with AA degrees in Early Childhood Education.

CHILD DEVELOPMENT CENTER

In Anchorage, the Child Development Center provides full-day, year-round child care for families. It has an open enrollment policy with a sliding tuition scale to benefit low-income families. In 1999, the Center received accreditation by the National Association for the Education of Young Children and continues to serve as a lab school for the University of Alaska Anchorage's Early Childhood Development program. The Center is licensed to care for 45 children between the ages of 19 months and 6 years old.

2006 Child Development Center Highlights:

- ✧ 100% of children received a developmental screening to assist in identifying early intervention needs;
- ✧ 10 children transitioned to kindergarten;
- ✧ A \$10,000 Strengthening Families grant was received to raise parenting and provider knowledge and competencies in promoting healthy socio-emotional development; and
- ✧ The Center received reaccreditation from the National Association of the Education of Young Children (NAEYC).

2006 Site Map



Communities served by Anchorage Services

Anchorage



Communities with Board Representation

Akiak	Glennallen
Ambler	Juneau
Anchorage	Kake
Barrow	Klawock
Bethel	Kodiak
Chugiak	Quinhagak
Deering	Seward
Douglas	Unalakleet
Egegik	Valdez
Fairbanks	
Fort Yukon	



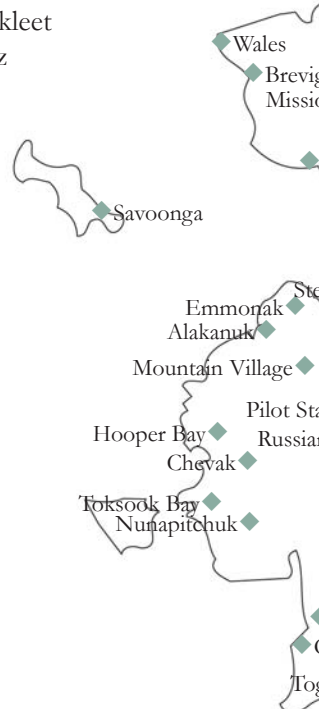
Communities served by Child Development

Akiak	Marshall
Alakanuk	Mountain Village
Anchorage	Napaskiak
Chevak	Nunapitchuk
Emmonak	Pilot Station
Haines	Savoonga
Homer	Selawik
Hooper Bay	Seward
Hydaburg	St. Mary's
Kake	Stebbins
Ketchikan	Sterling
Kluti-kaah	Tanacross
Kodiak	Toksook Bay
Kwethluk	



Communities served by Rural Housing & Planning

Brevig Mission	Noorvik
Hooper Bay	Savoonga
Juneau	Shaktoolik
Kwethluk	Shungnak
Nome	





Communities served by Community Development



Anchor Point
 Angoon
 Bethel
 Chefornak
 Chevak
 Chitina
 Copper Center
 Crooked Creek
 Eek
 Emmonak
 Gakona
 Glennallen
 Gulkana
 Hooper Bay
 Huslia
 Juneau
 Kake
 Kalskag
 Ketchikan
 Kiana
 Klawock
 Klukwan
 Kodiak
 Manokotak
 Marshall
 McGrath
 Minto
 Nanwalek
 Napaskiak
 New Stuyahok
 Nondalton
 Nunapitchuk
 Ouzinkie
 Pilot Station
 Russia Mission
 Saxman
 Seldovia
 Seward
 Sitka
 Skagway
 St. Mary's
 Sterling
 Tazlina
 Tenakee Springs
 Unalakleet
 Wales
 Wasilla
 Woody Island



PARENTS AS TEACHERS

Parents As Teachers (PAT) is an early childhood parent education and family support program designed to empower parents to give their children the best possible start in life. Services are delivered through home visits and group socializations. The Parents As Teachers vision is that all children will learn, grow and develop to realize their full potential.

A Parents As Teachers Advisory Board serves to evaluate current services and explore expanding services. The Advisory Board members are representatives from community agencies, Native organizations and community Elders.

2006 Parents As Teachers Highlights:

- 352** children received services
- 27** prenatal women served
- 305** children received development screenings
- 2,757** home visits were completed by staff
- 298** group socializations were facilitated by family visitors
- 99%** of parents reported improved parenting skills and increased knowledge of cognitive development in young children on year-end evaluations

STAFF TRAINING

The Child Development Division has an ambitious professional development program aimed at educating and training staff for early childhood programs. All staff have an individualized staff training plan. Teachers not holding advanced degrees work towards obtaining Associate of Applied Science (AAS) and Baccalaureate (BA) Degrees in Early Childhood Education (ECE). Teacher Aides, Home Visitors and PAT Family Visitors work to attain a Child Development Associate (CDA) Credential.

Head Start Home Visitors, Family Advocates, and PAT Family Visitors attend year-long Family Empowerment Training resulting in a Family Development Credential. This level of professional development in Head Start is made possible through two State of Alaska grants, the State Training and Employment Program (STEP) grant and the System for Early



The Parents as Teachers (PAT) program had an active Advisory Board during the program year. Elders from Alakanuk, Emmonak, Hydaburg, Mt. Village, and Savoonga participated. The Elders expressed ongoing concerns about the loss of indigenous languages in their communities. An Elder from Hydaburg, Alma Cook, became a strong advocate in her community for the revitalization of the Haida language. The result was a Language Revitalization Committee consisting of Tribal Council members and Elders that taught Haida to members of the community. Alma was instrumental in getting volunteers to teach Haida to children and parents of the PAT program. Alma's efforts help ensure that Hydaburg's youngest generation will learn and appreciate Haida language and culture.





Education and Development (SEED) grant. Professional development funds supporting the Child Development Center are made possible through reimbursements from Child Care Connections. The Parents As Teachers program utilizes program funds to support training and educational opportunities.

2006 Child Development Division Staff Training Highlights:

- ✧ Pre-Service and In-Service events held for all Division programs
- ✧ 51 staff enrolled in college courses during the past two semesters
- ✧ 30 staff completed an intensive college class in Anchorage
- ✧ 11 Home Visitors and Family Visitors completed the PAT 0 to 3 Born to Learn Curriculum training
- ✧ 7 Home Visitors completed the PAT 3 to 5 Born to Learn Curriculum training
- ✧ 10 staff awarded Family Development Credentials
- ✧ 6 staff completed AAS degrees in Early Childhood
- ✧ 18 staff completed Child Development Associates
- ✧ Staff participated in focus groups to develop early learning guidelines for the State of Alaska



“Early Childhood Development programs should be viewed as economic development investments that pay better measurable dividends than most investments.”

A. Rolnick
Federal Reserve Board



RurAL CAP's Community Development Division provides resources and support to low-income Alaskans in order to prevent substance abuse, enhance youth and child development, build skills, save energy, reduce personal injury and protect the environment. The division focuses on positive solutions that are culturally appropriate and achieve measurable results.



Community Development Division Accomplishments:

5,908	community volunteers contributed 39,925 hours of service to AmeriCorps and VISTA projects
3,456	rural residents benefited from indoor air quality education and supplies
\$10.5	million in cash and in-kind resources developed in VISTA communities

COMMUNITY SERVICE

With funding from the Corporation for National and Community Service through the Alaska State Community Service Commission, RurAL CAP supported 125 full-time and part-time AmeriCorps and VISTA members in more than 40 communities statewide in 2006.

Building Initiatives for Rural Community Health (BIRCH) AmeriCorps Program

BIRCH AmeriCorps members design and support community-wide events for youth, families and elders in the areas of health education, substance abuse prevention and wellness. In 2006, BIRCH members served 15 Alaskan communities.

2006 BIRCH AmeriCorps Accomplishments:

1,280	community events, projects and activities supported and sponsored by BIRCH AmeriCorps members;
2,682	community volunteers recruited, and performed 23,690 hours of service; and
23,596	hours of service completed by BIRCH AmeriCorps members.

Rural Alaska Village Environmental Network (RAVEN) AmeriCorps Program

RAVEN AmeriCorps members improve environmental conditions through youth education, pollution prevention, community clean-up efforts, energy conservation, recycling and other solid waste management projects across rural Alaska. Twenty RAVEN AmeriCorps members worked in 20 communities in 2006.

2006 RAVEN AmeriCorps Accomplishments:

27,394	hours of service completed by members;
2,603	community volunteers recruited by members; and
13,980	hours of service completed by community volunteers



Students In Service AmeriCorps Program

In a collaboration between RurAL CAP and the University of Alaska Anchorage and the University of Alaska Fairbanks, up to 80 part-time Students-In-Service AmeriCorps members annually perform national service activities while completing internships with an array of social service and health organizations.

Services provided by members address a number of social and health issues, including domestic violence, suicide, alcohol and drug abuse, employment and training, teen pregnancy, corrections and juvenile delinquency, child development, child welfare, health and vocational or other rehabilitation programs.



VISTA Village Council Management Program (VCMP)

VISTA members spend their year of service building the administrative and management capacity of rural city and tribal councils in the areas of community needs assessment,

community planning, developing resources and proposal writing. VISTA members in 2006 included representatives from 12 communities in rural Alaska.

"The VISTA experience for me was fabulous; I have learned some new things that I have not known. I have enhanced my computer skills, my communication skills, and interacted with the different entities. I feel more confident that in the future I can use the skills that I have enhanced to do a better job."

Stacy Neketa
New Stuyahok

2006 VISTA VCMP Accomplishments:

- 623** community volunteers recruited by members
- 2,255** hours of service completed by community volunteers
- \$10.44** million in cash funding secured by VISTA members

2006 Students-In-Service AmeriCorps Accomplishments:

- 31,000** hours of service completed by AmeriCorps members
- 500** local volunteers were recruited by members
- 3,900** hours of service completed by local volunteers



WELLNESS

Rural Providers' Conference (RPC)

The Rural Providers' Conference (RPC) is an annual gathering of substance abuse service providers, youth, elders and family members interested in celebrating and encouraging the growth of the Alaska Native Sobriety Movement. The RPC embraces and unites traditional Alaska Native knowledge and modern treatment methods to prevent alcohol and drug abuse. Over 250 participants attended the 2006 RPC *Ilakutellriit Umyuallgutekklluteng: Akwangaq, Ernerpak, culi Unuaqu* - "Strong Families: Yesterday, Today and Tomorrow," held June 5-9 in Bethel,

taking part in more than 30 in-depth workshops. Professionals received certification through the Alaska Commission for Behavioral Health Certification for chemical dependency counselors. University of Alaska credit was also offered through the College of Rural Alaska.

Early Decisions Project

Through the Early Decisions Project, RurAL CAP develops and distributes individual prevention tools (posters, videos, teaching units, and website) for

Early Decisions Accomplishments (since its inception):

- ✧ Over **600** Early Decision Project curriculums distributed
- ✧ **600** people trained in FAS/FASD prevention

use by Fetal Alcohol Syndrome/Fetal Alcohol Spectrum Disorder service providers, health care providers, schools, and prevention programs across the state. The goal is to educate sexually active women of childbearing age about the risks of alcohol to an unborn child any time they are pregnant including the time before they know they are pregnant.



Tobacco Prevention and Cessation

In 2006, the American Legacy Foundation continued to support the “Circle of Friends” project where women tobacco users in rural Alaska participate in social gatherings and Wellness Circles supporting cessation. In addition, eight AmeriCorps members were involved in tobacco prevention efforts in their communities. AmeriCorps members presented prevention and education materials to school and community groups, supported individuals in their attempts to quit and created innovative activities to address tobacco issues.

2006 Tobacco Prevention and Cessation Accomplishments:

- ✧ 96 educational/tobacco-free activities hosted by AmeriCorps members
- ✧ 1,796 community members involved in tobacco prevention events

FIRE SMART ALASKA

In 2006, RurAL CAP's Fire Smart Alaska program addresses fire-related risks in rural areas by distributing smoke alarms, fire extinguishers, stove-top fire stops and fire safety and fire prevention education – especially focusing on homes with elders and children under 14 years of age.

2006 Fire Smart Accomplishments:

- 1,750** home visits where supplies were installed
- 48** rural communities participated
- 6** homes and **10** people reported being “saved” from fire loss or injury as a result of the Fire Smart program

One fire was extinguished in the community of Sterling, following the installation of new smoke alarms and fire extinguishers through the Fire Smart Alaska Program.

“A man was cooking in the kitchen. He thought he had turned off the stove when he left the house. His teenage son... heard the alarm, found the pan smoking on the stovetop, and extinguished the fire without injury.”

AmeriCorps Members
Connie Ferguson and Chris Thorne



ENVIRONMENTAL EDUCATION & TRAINING

Alaska Environmental Resource Hub Online (AERHO)

RurAL CAP launched the Alaska Environmental Resource Hub Online (AERHO - www.aerho.org). AERHO is a growing web site addressing local and statewide environmental and conservation issues. The site contains dozens of resources including pictures, project descriptions, success stories, links, funding opportunities, grant writing pointers, and other helpful information.

Alaska Village Indoor Air Quality

The Alaska Village Indoor Air Quality (AVIAQ) program was successfully implemented in 2006 in communities across the state. AVIAQ is funded by a grant from the EPA Region X Office of Air Quality. AVIAQ worked in conjunction with Fire Smart Alaska to provide carbon monoxide detectors, green cleaning kits and educational resources to help reduce the affects of poor indoor air quality and carbon monoxide poisoning in rural Alaska.

2006 Alaska Village Indoor Air Quality Program Accomplishments:

- 35** AmeriCorps members trained as IAQ Educators;
- 1,494** initial IAQ surveys conducted;
- 963** home visits conducted, educating **2,088** elders and children, and **1,368** other residents;
- 928** carbon monoxide alarms installed;
- 970** batteries replaced in existing alarms; and
- 850** green cleaning kits distributed.

IAQ campaigns were conducted by AmeriCorps members in the following communities:

Anchor Point	Copper River
Metlakatla	Kodiak
Sterling	



SUBSISTENCE

Alaska Native Subsistence Halibut Working Group

RurAL CAP provides administrative support to the Alaska Native Subsistence Halibut Working Group (ANSHWG) as it follows and guides the development of subsistence halibut policies for Alaska.



The Rural Housing and Planning Division assists rural communities and low-income people by increasing affordable housing opportunities, preserving and improving existing housing, facilitating community-based planning, and building the capacity of rural communities to participate effectively in the development of housing and related infrastructure.



COMMUNITY PLANNING & CAPACITY BUILDING

Wise communities plan for their future. A general community plan is an important means of local self-determination, and is increasingly required by public and private funding sources. RurAL CAP has partnered with the Denali Commission to develop a simplified community planning tool that is tailored to the special needs and circumstances of Alaska's small rural communities. Built around a rural Alaskan understanding of the environment, the community planning tool helps villages frame and tell their unique stories, and take steps to write a next chapter that reflects their values, culture, and vision.

RurAL CAP provides training and technical assistance to communities who wish to engage in community planning activities. Services include training conferences and events, as well as on-site assistance in developing a community plan, equipping rural Alaskan communities to meet the dynamic needs of rapidly changing physical and economic environments, as well as expectations of federal and state grant programs.



HOUSING SERVICES

RurAL CAP's housing services program assists rural communities with carrying out housing development, rehabilitation, and weatherization. With special expertise in blending and managing funding from multiple sources, and rural logistics, RurAL CAP offers a diversified and flexible set of development services to help communities expand and improve affordable, energy-efficient housing options.

In 2006, RurAL CAP partnered with the village of **Kwethluk's** Indian Housing Block Grant (NAHASDA) program to remodel homes. RurAL CAP also assisted the village of **Hooper Bay** by partnering with the Alaska Division of Homeland Security and Emergency Management in the provision of temporary housing for families displaced by a disastrous fire.



Finance, Construction & Project Management

The division also provides services internally to other RurAL CAP divisions in financing and developing capital facilities. Most recent projects include affordable rental housing units in **Anchorage**, and new Head Start facilities in **Nunapitchuk** and **Savoonga**.

Self-Help Owner-Built Homes

The Self-Help Owner-Built program, “Building Homes, Building Dreams,” provides opportunities for low-income families and individuals to take part in the joy and pride of home ownership. From its start in September of 2004, the Self-Help Owner-Built housing program cultivated a homebuyer group, acquired a site, conducted pre-development surveys, selected house plans, and initiated negotiations for infrastructure development for eight homes in the Sterling area of the central Kenai Peninsula. Construction began in October 2006 and homes will be complete by early 2007.

RurAL CAP’s Self-Help Housing program introduced and reinforced the notions of homeownership and asset-building through no-cost financial literacy workshops for low income participants. In 2006, the program’s participating 27 families enrolled in the homeownership preparation and financial literacy program. By Spring 2006, 10 families completed the required training and were approved to begin building their own homes. By the end of 2006, almost 100 applicants were active in the Self-Help Housing program.

A similar housing project in the City of Kenai is in the first phase of development. Through a well-orchestrated outreach and partnership effort, RurAL CAP received substantial goodwill and support for the program from all units of government in the area. A referral network of public and private human service providers and faith-based organizations has been established. The Rural Housing and Planning Division received firm commitments from several community groups interested in volunteering during the construction phase. Besides Kenai and Sterling, three additional communities requested to be considered as sites for future housing projects.



“Whether you live in Salem, Massachusetts; Salt Lake City, Utah; or Sterling, Alaska, the pride of walking into your own home is undeniable. RurAL CAP’s Self Help Housing Program is helping to make that dream a reality.”

David Hardenbergh
RurAL CAP Executive Director



Rehabilitation and Weatherization Services

RurAL CAP provides weatherization services in Western and Northwestern Alaska as well as in the City and Borough of Juneau. Weatherization is the division's longest-standing program and is the backbone of our recent expansion into more comprehensive housing rehabilitation work. The focus of weatherization is to increase the safety, energy-efficiency and comfort of the homes served. The program is funded by the U.S. Department of Energy, the U.S. Department of Agriculture, the U.S. Department of Health & Human Services, and the Alaska Housing Finance Corporation.

RurAL CAP used weatherization funding to leverage other funding sources for more comprehensive rehabilitation activities. RurAL CAP partnered with Kwethluk Tribal Resident Council, Inc. to improve existing homes in the village of Kwethluk. In 2006, six homes were rehabilitated. In addition to typical weatherization measures, the work included arctic entries, flooring, and other components.

RurAL CAP obtained Section 504 Elderly Homeowner grants from USDA and AHFC to purchase most of the materials and freight, provide an on-site supervisor and coordinate the project. KTRC, Inc. used HUD Indian Housing Block Grant (NAHASDA) funds to pay the local labor force and to purchase tools and materials.

2006 Weatherization Statistics:

41	elders received weatherization services
15	disabled served
132	Alaska Natives served
2.8	average number of occupants assisted through weatherization services
\$16,776	average household income of occupants receiving services
28,280	pounds of materials shipped to rural communities receiving weatherization services



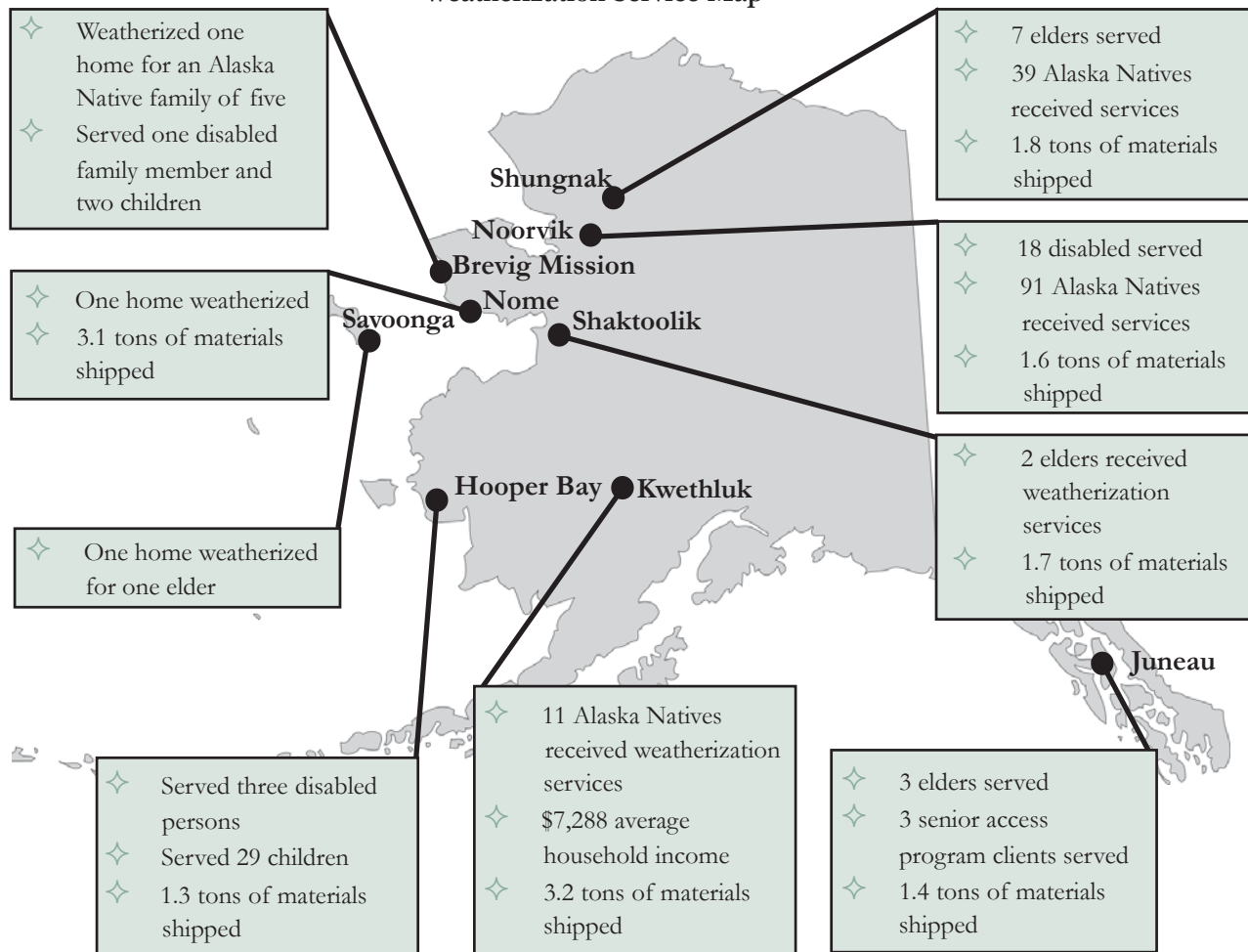
Left: siding and window weatherized

Below: window and roofing weatherized





Weatherization Service Map



Weatherization Works!

Energy Savings:

- ✧ Saves 31% in average energy costs
- ✧ Cuts heating bills by 50% or more
- ✧ Reduces the need for other public funds
- ✧ Allows working poor families to save money

Housing Improvements:

- ✧ Increases insulation
- ✧ Decreases air leakage
- ✧ Adds efficient heaters
- ✧ Extends structure life

Community Benefits:

- ✧ Purchases materials from local vendors
- ✧ Provides local jobs and training
- ✧ Improves supply of safe, affordable housing
- ✧ Increase awareness of energy efficiency

Health Benefits:

- ✧ Improves indoor air quality
- ✧ Lowers carbon monoxide levels
- ✧ Controls moisture and mold
- ✧ Eliminates drafts and cold spots

Fire Safety:

- ✧ Installs smoke detectors
- ✧ Fixes unsafe chimneys
- ✧ Installs proper egress windows
- ✧ Repairs or replaces unsafe furnaces

Environmental Improvement:

- ✧ Reduces combustion emissions
- ✧ Decreases heating fuel consumption
- ✧ Reduces electrical consumption

Rural Energy Enterprises (R.E.E.), a wholly owned subsidiary of RurAL CAP, is a wholesale distributor of energy-efficient and money-saving products. R.E.E. began in 1987 as a result of receiving a federal grant to evaluate the feasibility of engaging in energy-related for-profit activity.

Energy costs represent a major expense for rural Alaskans. R.E.E. reduces those costs by selling a variety of high-quality, advanced-technology energy products. The Toyostove space heater, one of the most fuel-efficient heating systems in the world, can save rural residents \$300 to \$500 per year in fuel costs, depending on the condition of the house. R.E.E. also offers energy-saving oil and gas water heaters and a variety of other heating and lighting products.



R.E.E. also benefits rural communities by creating economic opportunities in remote villages. R.E.E. maintains business relationships with 255 small entrepreneur dealerships in rural Alaska, and more than 152 dealerships in western Canada and the northwest United States.

GENERAL INFORMATION

- ❖ R.E.E. has sold \$72 million of products since 1987
- ❖ RurAL CAP has more than \$3.4 million in equity in R.E.E.
- ❖ 87.5% of total sales are from Alaska
- ❖ \$1.4 million of products sold in rural Alaska

2006 Fiscal Year Performance:

Gross Sales - \$6,055,467
Net Profit After Taxes - \$192,638

R.E.E. Management Team:

Mark Callinsky, President & CEO
Tina Johnston, Sales Manager
Jill Trozelle, Financial Manager

R.E.E. Board of Directors:

Geoff Feiler
Glenn Fredericks
David Hardenbergh
Phil Kaluza
Bob Lohr
Virginia Moore

RURAL ENERGY ENTERPRISES PRODUCTS

Rural Energy Enterprises, Inc. (R.E.E.) distributes Toyostove, NordicStove, Dunkirk, Drolet, Godin, Rinnai, Nestor Martin, Osburn, Tirino, Aquastar, Vanguard and Toyotomi products. Our company specializes in oil, wood and gas fired direct vent or sealed combustion high efficiency heaters as well as water heaters, gas cook stoves, marine heaters, marine cook stoves, tent heaters and tent stoves.

R.E.E. is the exclusive distributor of Toyostove heaters in Alaska, Idaho, North Dakota, Montana, South Dakota, Wyoming, Washington, British Columbia, the Yukon Territories and the Northwest Territories. We also offer selected Toyostove/Toyotomi products in Arizona, Colorado, New Mexico and Utah. R.E.E. is also the exclusive North American importer/ distributor of NordicStove non-electric oil burning heaters for tents, cabins, boats, homes and emergency use.

Rural Energy Enterprises Products:

Boilers
Air Conditioners
Cooking products for boats, cabins, camps & emergencies
Outdoor and Indoor Fireplaces
Marine and Boat Heating
Plumbing Accessories & Fixtures
Oil Fuel Tanks
Tent/Camp Heating & Cooking Products
Water Heaters

Oil Heaters & Stoves
Gas Heaters & Stoves
Inverters
Non-Electric Oil Heaters & Stoves
Wood Stoves
Cooking Products
Fluorescent Lighting
Carbon Monoxide Detectors



6637 Arctic Spur Road
Anchorage, Alaska 99518
Phone: (907)278-7441
Fax: (888)505-9654
Website: www.rural-energy.com
E-mail: info@rural-energy.com

*Serving rural Alaskans for
19 wonderful years!*

Healthy People, Sustainable Communities, Vibrant Cultures

Acknowledgements

Thank you to our funders and partners for your support:

A.C.E. Engineering
Akiak IRA Council
Alaska Bush Caucus
Alaska Christian Conference
Alaska Community Share
Alaska Community Foundation & the
Norton Family Cruise Foundation
Alaska Conservation Foundation
Alaska Cooperative Extension Service
Alaska Department of Commerce,
Community, and Economic
Development
Alaska Department of Education and
Early Development
Alaska Department of Health and
Social Services
Alaska Department of Labor and
Workforce Development
Alaska Department of Military and
Veterans Affairs
Alaska Department of Public Safety
Alaska Federation of Natives
Alaska Housing Finance Corporation
Alaska Injury Prevention Center
Alaska Mental Health Trust Authority
Alaska Municipal League
Alaska Native Brotherhood
Alaska Native Language Center
Alaska Native Tribal Health
Consortium
Alaska State Community Service
Commission

Alaska Village Initiatives
Aleutian/Pribilof Islands Association
American Legacy Foundation
Anchorage Concert Association
Association of Rural Alaskan Drug and
Alcohol Programs
Association of Village Council
Presidents, Inc.
Bethel Native Corporation
Bristol Bay Native Corporation
Calista
Central Council Tlingit and Haida Indian
Tribes of Alaska
Child Care Connections
Chugachmiut
City of Bethel
Cook Inlet Tribal Council
Copper River Native Association
ConocoPhillips Alaska
Denali Commission
Eddie Hoffman Senior Center
Federal Home Loan Bank of Cincinnati
First Alaskans Institute
First National Bank of Alaska
GCI
Home Depot Foundation
Housing Assistance Council
Indian Health Service
Kawerak, Inc.
Key Bank
Kodiak Area Native Association
Kodiak Island Borough

KPMG, LLP
Lower Kuskokwim School District
Maniilaq, Inc.
Municipality of Anchorage
National Indian Education Association
National Marine Fisheries Service
North Slope Borough
Northwest Arctic Borough
Norton Sound Health Corporation
Office of Representative Don Young
Office of Senator Lisa Murkowski
Office of Senator Ted Stevens
Office of the Governor/Lt. Governor of
Alaska
Orutsaramiut Native Council
Qutekcak Native Tribe
Rasmuson Foundation
Rural Community Assistance Corporation
Rural Local Initiatives Support
Corporation (Rural LISC)
Salvation Army
Savoonga IRA
Savoonga Native Corporation
Southeast Regional Resource & Referral
Center
State Training and Employment Program
Substance Abuse and Mental Health
Administration
Tanana Chiefs Conference
Tundra Women's Coalition
University of Alaska Anchorage Center for
Human Development

University of Alaska Southeast
U.S. Corporation for National and
Community Service
U.S. Department of Agriculture - Rural
Development
U.S. Department of Commerce
U.S. Department of Education
U.S. Department of Health and Human
Services
U.S. Department of Homeland Security
U.S. Department of Housing and Urban
Development
U.S. Department of Interior
U.S. Department of Energy
U.S. Environmental Protection Agency
Wells Fargo Bank
Yukon Kuskokwim Health Corporation

QUYANA!



RurAL CAP

Rural Alaska Community Action Program, Inc.

David Hardenbergh, Executive Director

P.O. Box 200908

Anchorage, AK 99520-0908

Phone: (907) 279-2511

Fax: (907) 278-2309

www.ruralcap.com