

Alaska Children's Trust



2008 Annual Report

One child at a time, one community at a time, we are making a difference.

Our Mission

To improve the status of children in Alaska by generating funds and committing resources to eliminate child abuse and neglect.



Board of Trustees

Kaye M. Saxon, Chair

Margaret Volz, Vice Chair

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Dept. Health & Social Services**

Diane S. Kaplan

**Larry LeDoux, Commissioner
Dept. Education & Early Development**

Michael Lesmann

Judy P. Patrick

With Support From

**Tammy Sandoval, Director
Office of Children's Services**

2008 in Review

As we reflect back on the Alaska Children's Trust (ACT) accomplishments during this past fiscal year 2008, the ACT has focused on realizing the goals and strategies laid out in its 5 year strategic plan. These include leading efforts to prevent child abuse and neglect in Alaska, and in partnership with FACT, developing a viable long-term funding strategy and structure that will enable the boards to maximize their ability to prevent and eliminate child abuse and neglect.

Since the ACT was first funded in 1996, the number of substantiated cases of maltreatment has declined from 7,544 to 4,186 in 2006. There was an increase of 364 cases in 2007. While the statistics have improved since 1996, the increase from last year is of concern, especially in the current economic crisis. Statistics show a direct correlation between an increase in child abuse and neglect during times of economic hardship. As parents and caregivers struggle financially, it is often the children who bear the stress. The rate of child abuse and neglect can only be addressed by making a long-term investment in our most precious resource, our children.

While the ACT has been making strides in preventing child abuse and neglect, we don't have enough information to know whether our prevention efforts are contributing to the decline – and more importantly, not enough information to know what we can be doing better. As we look to the future, it is our goal to measure the impact of the ACT funded programs on the well being of children in our state, and to facilitate the efforts of agencies, groups and individuals statewide to attain our vision of Alaska being the safest state in the nation for a child to be born and raised.

This past year the ACT has made significant progress in several areas to strengthen the work of the Alaska Children's Trust. These projects and efforts include:

Social Marketing Efforts

In fiscal year 2008, the ACT continued with its social marketing campaign. This year's television ad featured Governor Palin and Mr. Palin with a message promoting the campaign's message to "listen, talk and play" with your children. The campaign continues to be viewed positively, and we know that Alaskans are hearing the message through a marked increase in call volume at the Alaska Parent Line (APL) when our messages are on air.

Outcomes-based Evaluation

The ACT has been working with the Foraker Group to develop a comprehensive, performance-based outcomes evaluation logic model that will not only help the ACT measure the impact and effectiveness of the Alaska Children's Trust in meeting its mission to reduce and prevent child abuse and neglect in Alaska, but will help grantees evaluate their progress as well. Measuring the impact of the Trust will be based on two specific and measurable components—the program-specific outcomes of individual grantees and the overall outcomes for the ACT grantee programs.

PREVENT Institute

In February ACT Trustee, Margaret Volz and ACT/FACT executive director, Panu Lucier, along with the Office of Children's Services and Bristol Bay Native Association submitted an application to the PREVENT Institute. Alaska's project was accepted and the team traveled to Chapel Hill, NC in November. Alaska's project focuses on using culturally-normed, effective strategies for preventing child maltreatment to build research-based Strengthening Families Protective Factors. The project will be implemented in the Bristol Bay region with the support of team members Lucille Johnson, of the Bristol Bay Native Association, Tammy Sandoval and Shirley Pittz of the Office of Children's Services.

Statewide Prevention Summit

Guided by a statewide steering committee, the Alaska Children's Trust began meeting in early 2008 to engage in dialogue and share ideas that would result in the creation of a statewide vision to protect children and strengthen families and communities. The Steering Committee decided it was time for a new approach and chose not to craft a prescriptive or "one-size fits all prevention plan" for the State of Alaska, which would very likely sit on the shelf as so many plans do. Please see page 7 for more information on this exciting and important work.

Privatization of the Alaska Children's Trust

In 2008, FACT introduced legislation to privatize the Alaska Children's Trust. The State would transfer the balance of the Trust to the Alaska Community Foundation (ACF) as a permanent endowment and would create a structure that would strengthen the work of the Alaska Children's Trust. Please read more about this effort in Carley Lawrence's message on page 8.

Grant Awards

In fiscal year 2008, the ACT awarded grants totaling \$83,240 for 7 ACT grantees receiving initial awards in FY06. Late in the year, a new streamlined Request for Proposals yielded 5 new grantees totaling \$135,000 for fiscal year 2009. This, combined with seventeen (includes APL) continuation grants for FY09 brings our commitment to preventing child abuse and neglect through community-based solutions to \$642,537. We encourage you to read about the programs and agencies later in this report, and if you happen to find yourself in contact with any of them, please stop in and commend them for their commitment to strengthening Alaskan families.

Alaska Parent Line

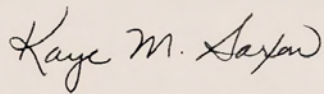
In addition to community-based grants, the ACT also continued to fund the statewide toll free parent resource line, 1-800-643-KIDS. The Alaska Parent Line operates 12 hours a day, 7 days a week and has been offering parenting advice and referrals for Alaskans since 2005.

National Quality Improvement Center on Early Childhood

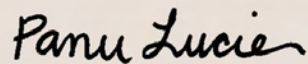
In December ACT/FACT executive director, Panu Lucier was invited to serve on the National Advisory Committee for the National Quality Improvement Center on Early Childhood. This 5-year project will improve the social, physical, behavioral, cognitive, and emotional well-being of children 0 to 5 years old and their families who are at risk of abuse and neglect, including those impacted by substance abuse and/or HIV/AIDS.

The Trustees and staff are committed to preventing child abuse and neglect in Alaska. We invite you to join us in supporting ACT's mission to improve the status of children in Alaska by generating funds and committing resources to eliminate child abuse and neglect.

Sincerely,



Kaye M. Saxon
Chair



Panu Lucier
Executive Director

OUR VISION:

**By 2030 Alaska is the safest place
for a child to be born and raised**



Strengthening Families Protective Factors:*

For adults:

- Parental resilience
- Social connections
- Knowledge of parenting and child development
- Concrete support in times of need

For children:

- Healthy social and emotional development

*Strengthening Families is a project of the
Center for the Study of Social Policy

ACT Overview

The Alaska Children's Trust was established in 1988 with the goal of preventing child abuse and neglect throughout the state. The first legislative Appropriation was made in 1996 for \$6 million. Today, the Alaska Children's Trust totals \$8.7million as of December 31, 2008.

Seven trustees, appointed by the Governor, oversee the fiduciary and grant-making functions of the Alaska Children's Trust.

The Alaska Children's Trust operates as a savings account. The fund's principal continues to grow through private donations and appreciation, while a portion of the interest from the earnings funds grants to community based prevention programs. Grants from the Federal Office of Juvenile Justice and Delinquency Prevention have supported the ACT's social marketing campaign and have enhanced the Trust's grant making program for the next few years.

In fiscal year 2008, the trustees awarded a total of \$557,473 to fourteen non profits in six communities across the state, several of which offer regional and statewide services. Awards for fiscal year 2009 total \$186,799 reaching 12 communities.

In addition to distributing community based prevention grants, the ACT has initiated a statewide media campaign aimed at reducing child abuse and Neglect. The campaign goals are to: (1) raise responsibility about child abuse and neglect prevention; (2) create understanding of what constitutes the Problem; (3) reduce the stigma of asking for help with parenting issues/challenges; and (4) provide parents with tools/tangible answers/coping skills they can use to address challenging parenting situations.



Our 2030 Vision of Well-Being for Alaska's Children

The Alaska Children's Trust, with the assistance of the National Alliance of Children's Trust & Prevention Funds, members of a diverse Steering Committee, and residents and professionals from communities across Alaska have joined together to begin a dialogue about how to restore and build upon the collective community wisdom about keeping families strong and connected. This coalition has considered ways that communities can build on their strengths and become more responsive to the needs of children and families.

The Alaska Children's Trust hosted the Statewide Prevention Summit: A Call to Action to Strengthen Families & Communities, in Anchorage, Alaska on November 3, 2008. The Summit was attended by representatives of communities and individuals that work in the field of child abuse and neglect, including those involved in child welfare, public safety, prevention, and policy making.

Through strategic conversations anchored by "questions that matter", Summit attendees participated in *Community Cafés* facilitated by "hosts" who facilitate conversations which draw from local wisdom of community assets and norms. Meaningful relationships develop as hosts and community partners participate as equals in conversations that value compassion and mutual exchange. It is these shared ideas that will result in the creation of a statewide vision to protect children and strengthen families and communities. This vision, which will be published in May 2009, will become the platform for community commitments and action plans with the power to mobilize wisdom, resources, and supports for all of Alaska's families and children. The Summit concluded with a Commitment Ceremony where participants formed an outward-facing circle (representative of the circle that musk ox form to protect their young) and pledged to continue the conversations in their communities to create a "*Call to Action*" to nurture, protect and support Alaska's children and families.

Thank you to the Steering Committee Members who have generously given their time, leadership and wisdom over the past year.

Marcia Amik
Cathy Baldwin-Johnson
Connie Beckwith
George Brown
Melanie Edwards
Kimber Evensen
Katherine Gottlieb
Keith Hamilton

Amanda Metivier
Shirley Pittz
Sammye Pokryfki
Tammy Sandoval
Kaye Saxon
Coleen Turner
Margaret Volz



Message from the Friends of the Alaska Children's Trust Chair

Let me begin by thanking the immediate past chair, Tlisa Northcutt, for her guidance and unrelenting passion to our mission. Tlisa has been on the board for eight years and has been the chair for five years. We are fortunate to have her continued support as treasurer of the board.

In 2008, FACT introduced legislation to privatize the Alaska Children's Trust that would transfer the balance of the Trust to the Alaska Community Foundation (ACF) as a permanent endowment and would create a structure that would allow for ethical fundraising, ensure long-term stability of the fund, create a more efficient process for grant making, preserve the present revenue sources, and allow for State oversight of the funds through a Governor-appointed board.

While HB 422, SB 206 and SB 210 did not pass, we were able to bring awareness that under the current structure, the Alaska Children's Trust and the Friends of the Alaska Children's Trust continue to face many challenges that interfere with our ability to effectively and efficiently pursue our missions and that we are greatly in need of a solution that will enable the boards to maximize our ability to prevent and eliminate child abuse and neglect.

Our goal of privatization was a result of activities that started in 2006 that the ACT and FACT boards engaged in to assess the effectiveness of the Trust in accomplishing its mission and to plan for the future of the Trust. These activities included strategic planning and an organizational assessment completed by The Giving Practice (Philanthropy Northwest). The result of these activities was a joint restructuring committee formed to address the existing structure of the Trust and make recommendations for the future, which included the option of privatizing the ACT. Over the course of 2008, the ACT and FACT boards, along with stakeholders, have refined the details of privatizing the ACT and will continue to pursue this goal in 2009.

In addition to our privatization efforts, our major fundraising event for the Trust, Mush for Kids, was again a huge success. The event brought out over 5,000 people in Fairbanks to celebrate the importance of healthy families raising healthy children in a safe community environment. Thanks to generous underwriting from Flint Hills Resources, which has been the premier sponsor for nine years in a row, the event was able to generate \$17,140 to contribute to the Alaska Children's Trust Fund. We are so thankful to the many volunteers and donors that work so hard each year on this event, and also to our partners at the Resource Center for Parents and Children that coordinated the Mush for Kids.

We are blessed to have had many new and ongoing financial supporters of the Friends of the Alaska Children's Trust in 2008, a full list of whom is included at the end of this annual report

In closing, I would like to sincerely thank all of the partners, volunteers and contributors that have continued to support the Friends of the Alaska Children's Trust.

Warmly,



Carley Lawrence



FACT Mission:

To increase awareness among Alaskans about the high rate of child abuse and neglect in our state, and to raise money for the Alaska Children's Trust (ACT).

Friends of the Alaska Children's Trust Board of Directors

Carley Lawrence, Chair

Sammye Pokryfki, Vice Chair

Tlisa Northcutt, Treasurer

Susan Anderson

Margo McCabe

State of Invested Assets

June 30, 2008

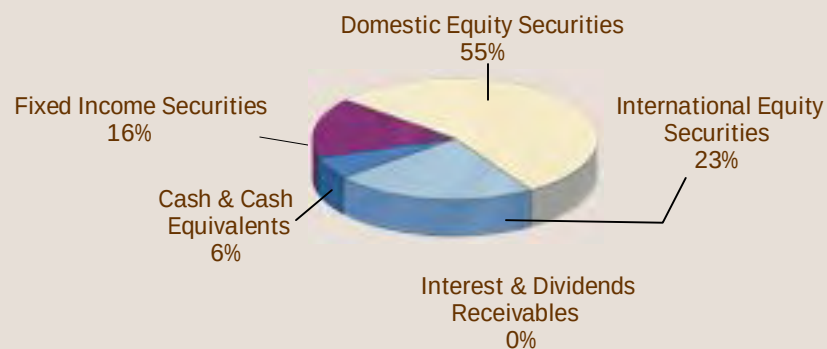
Cash and Cash Equivalents	\$689,000
Fixed Income Securities	\$1,828,000
Domestic Equity Securities	\$6,237,000
International Equity Securities	\$2,634,000
Interest and Dividends Receivable	\$38,000
Total Investments	\$11,426,000

Statement of Investment and Changes in Invested Assets

June 30, 2008

Invested Income	(\$1,031,000)
Total Invested Assets, Beginning of Year	\$12,791,000
Net Contributions (Withdrawals)	(\$334,000)
Total Invested Assets End of Year	\$11,426,000

Alaska Children's Trust Fund Asset Allocation June 30, 2008



ACT Supported Programs and Services

Statewide Programs

Alaska Association of the Education of Young Children Anchorage

Initial grant award: \$5,000 Planning Grant (FY08)
Program Name: **Strengthening Families Curriculum**
Populations served – Child care program directors, staff and trainers

This planning grant allowed Alaska AYC to develop a training curriculum that effectively trained child care program staff on incorporating the Strengthening Families protective factors into their everyday work with children and their families in order to support families and reduce child abuse and neglect.

Phone: (907) 317-6047
E-mail: tryan@akaeyc.org
Website: www.akaeyc.org

Best Beginnings Anchorage

Initial grant award—\$50,000
FY09 Funding: \$33,333; Year Two of Four Year Award
Populations served: Parents, early childhood educators, community members

Phone: (907) 297-3301
Email: abbe.hensley@akhf.org
Website: www.bestbeginningsalaska.org

Best Beginnings is creating family friendly versions of the Alaska's Early Learning Guidelines (ELGs) in languages other than English. ELGs inform parents, caregivers, community members, and leaders about expectations for children's development and learning. *Best Beginnings* will share Alaska's Early Learning Guidelines with expecting, new, and first-time parents and other community members in the most common non-English languages read by Alaskans.

To access the ELG's: download the ELG from the *Best Beginnings* website at www.BestBeginningsAlaska.org/media and click on State of Alaska's Early Learning Guidelines under Publications.

If you are interested in helping with fundraising or outreach activities, please contact our office at (907) 248-7676 or mail@friendsofact.org



Over 5,000 attended the 11th Annual Mush For Kids event in Fairbanks in April 2008. This free family fun day supports the Alaska Children's Trust.

Statewide Programs

Resource Center for Parents and Children (RCPC)

Fairbanks / Statewide

Phone: (907) 456-9002

E-mail: cblackwood@rcpcfairbanks.org

Website: www.rcpcfairbanks.org

Cuddle Cure: Initial grant award: \$50,000

FY08 Funding: \$12,500; Year Three of Four Year Award

FY09 Funding: \$12,500; Year Four of Four Year Award

Alaska Parent Line:

FY08 Funding: \$89,000; Year One of One Year Award

FY09 Funding: \$51,799; Year One of One Year Award

Project Name: **Cuddle Cure & Alaska Parent Line (APL)**

Cost: Cuddle Cure Classes \$30; Scholarships are available. No charge for Alaska Parent Line

Population served: New/expectant parents, child care providers, foster parents, grandparents, parents, etc.

The **Cuddle Cure** program is a two-hour class that teaches five immediately useful techniques, the 5 S's, based on Dr. Harvey Karp's, *The Happiest Baby on the Block* curriculum, for calming a fussy newborn from 0 – 3 months of age. Participants receive a Parent Kit which includes: a baby bag, a swaddling blanket, *The Happiest Baby on the Block* DVD, and a *Soothing Sounds* CD valued at \$80. A planning grant for fiscal year 2008 will allow for culturally relevant modification and expansion of the Cuddle Cure program into the communities of Barrow, Bethel, Dillingham, Fort Yukon, Haines, Kenai, Kotzebue, Nome, and Valdez.

The **Alaska Parent Line:** 1-800-643-KIDS, offers parenting advice and referrals for Alaskan parents and care givers;

12 hrs/day, 7 days week; 9:00 AM-9:00 PM

Southcentral Foundation

Anchorage

Toll Free: 1-866-729-3994 or (907) 729-5440

Email: JWheeler@scf.cc

Website: www.scf.cc

Initial grant award—\$37,500

FY08 Funding: \$12,500; Year Three of Four Year Award

FY09 Funding: \$12,500; Year Four of Four Year Award

Project Name: **Family Wellness Warriors Initiative (FWWI)**

Cost: Fees vary and scholarships are available

Populations served: Adults over 21 yrs; primary focus is Alaska Native individuals but services available to all

The **Family Wellness Warriors Initiative (FWWI)** is a movement that brings together leaders of the Alaska Native Community, the faith community, regional corporations and agencies, health care providers, and many other interested people, in an effort to restore wellness to the Alaska Native Community. It specifically addresses all forms of violence that occur within the family. These include child abuse and neglect, sexual abuse, vulnerable adult abuse and neglect, domestic violence, and adult sexual assault. The Initiative seeks to work with individuals towards the healing of personal wounds and learning how those wounds have impacted and continue to affect the entire family. The program offers seven Arrigah House trainings Each year and the majority of participants come from villages across the state of Alaska.

ACT Supported Programs and Services

Southcentral Alaska

Akeela, Inc.
Anchorage

Phone: (907) 565-1241
E-mail: SFP@akeela.org
Website: www.akeela.org

Initial grant award: \$50,000

FY09 Funding: \$33,333; Year Two of Four Year Award

Program Name: **Strengthening Families Program**

Cost: Course fees are \$135.00 per family; a limited number of scholarships may be available

Populations served: Families of children 6-11 years of age from diverse community backgrounds and multi-cultural environments.

The **Strengthening Families Program**, as funded by ACT and the Division of Behavioral Health and implemented by Akeela, Inc. is a Nationally recognized and proven model of Best Practice in the area of parent/family services. The goal of this program is to improve and enhance the participating families' dynamics, lessening the risks of substance abuse and other associated issues. The Strengthening Families Program is a structured, 10-14 week series of weekly classes for which the curriculum includes parent/caregiver (parenting skills), child (social/behavioral skills), and family (interaction/communication skills) training.

Alaska Injury Prevention Center
Anchorage

Phone: (907) 929-3939
E-mail: marcia_howell@hotmail.com
Website: www.alaska-ipc.org

Initial grant award: \$48,944

FY08 Funding: \$25,000 Year One of Three Year Award

FY09 Funding: \$16,667; Year Two of Three Year Award

Program Name: **Positive Parenting**

Cost: \$25 per family for entire 6 weeks (dinner provided each week)

Populations served – All who want help with their family and parenting skills

The Positive Parenting Program is a six week workshop designed to strengthen families. The weekly classes provide skills training for the whole family. In self-esteem, safety, discipline, communication, etc.

A torn jacket is soon mended but hard words bruise the heart of a child.

- Henry Wadsworth Longfellow

Southcentral Alaska

Child Care Connection, Inc.
Anchorage

Phone: (907) 563-2924
Contact Email: sberglund@childcareconnection.org
Website: www.childcareconnection.org

Grant #1

Initial grant award: \$50,000

FY08 Funding: \$11,199; Year Three of Four Year Award

FY09 Funding: \$9,375; Year Four of Four Year Award

Program Name: **Positive Parenting Support Classes**

Fees: Call to register for parenting classes

Population Served: Families with children age neo-natal to twelve years of age, with special emphasis on parents who have children under age 5'

The **Positive Parenting Support** project includes parenting classes and quality developmental information for the purpose of supporting parents, sharing developmental knowledge, and enhancing parenting skills as a child abuse and neglect prevention strategy. Child Care Connection offers 27 parenting classes per year. These classes are offered to empower parents to communicate positively with their children and teach constructive discipline strategies that will support their parenting in times of stress as well as in everyday circumstances. To achieve the project goals and have meaningful outcomes, the grantee provides parenting classes that cover information about growth and development, temperament, positive discipline, self-care, violence, and parenting styles. Trainers also instruct participants on how to access additional services and resources within the community.

Grant #2;

FY09 Funding \$37, 500; Year One of Four Year Award

Program Name: **Strengthening Families Support:**

Utilizing the five protective factors (parental resilience, social connections, knowledge of parenting and child development, concrete support in times of need, and healthy child social and emotional development) this project expands on current efforts that help early educators integrate family support principles in their programs. Child Care Connection, Inc. (CCC) provides specific training, support, and financial incentives that help child care programs enhance their abilities to support families. Early Education Trainers in Alaska have been fortunate to receive national training on quality curricula around the prevention of child abuse and neglect. As a result, participating child care programs will have access to Partnering with Parents: Prevention of Child abuse and Neglect by Zero to Three, the nation's leading resource on the first years of life, and Stronger Together by the Parent child abuse and neglect is strongly connected to quality relationships between families and child care programs in both of these curricula.



ACT Supported Programs and Services

Southcentral Alaska

Chugachmiut, Inc. Anchorage

Phone: (907) 334-0148 or 1-800-478-4155, ext. 148
E-Mail: jacquelinea@chugachmiut.org
Website: www.chugachmiut.org

Initial grant award: \$49,983 (FY08)
FY09 Funding: \$33,333; Year Two of Four Year Award

Program Name: **Safe and Smart Parenting**

Cost: No fees are charged for this program.

Populations Served: Expecting parents, first-time parents, and those with young children.

Region of Services: Primarily the residents of Nanwalek, but also may include those of Port Graham and Seldovia in Kachemak Bay.

Chugachmiut's **Safe and Smart Parenting** is an innovative demonstration project providing community-based primary prevention services, targeting expecting parents, first-time parents, and those with young children. The goal of the program is to empower young parents with the skills and knowledge to make informed parenting decisions about child health and safety, thus lessening the impact of child abuse and neglect on the children and families of Nanwalek, Port Graham and Seldovia. Workshops are scheduled 2 times per month, 2 hours each. Recruitment is from Head Start parents, schools, health clinics, churches and through self referrals.

Cook Inlet Tribal Council, Inc. Anchorage

Phone: (907) 793-3132 or (877) 985-5900 Toll Free
E-Mail: dnorthburg@citci.com
Website: www.citci.com

Initial grant award: \$49,612 (FY08)
FY09 Funding:\$33,075; Year Two of Four Year Award

Program Name: Child Wellness Project

Cost: No cost to participants

The CITC Child & Family Services Department Outreach for **Child Wellness Project** is aimed at increasing both awareness of and access to supportive services in the Anchorage community for Alaska Native or Native American adults and children who have recently relocated to this urban area or who have not utilized resources available to them. Resource information to prevent child abuse and neglect is disseminated directly to families through program volunteers as well as through monthly community orientation sessions. The Outreach for Child Wellness project connects families with both primary and secondary prevention services that promote healthy parenting skills and strengthening families within CITC and the larger system of resources in the Anchorage community.



Southcentral Alaska

SeaView Community Services

Seward

Phone: (907) 224-5257

E-mail: mluther@seaviewseward.org

Website: www.seward.netnet/~seaview

Initial grant award: \$45,459

FY08 Funding: \$11,365; Year Three of Four Year Award

FY09 Funding: \$11,365; Year Four of Four Year Award

Program Name: **Play and Chat**

Cost: \$135.00 per family; a limited number of scholarships may be available

Population served: Parents of children birth to 5 years

The Play and Chat program provides primary prevention through positive influence with parents and children through weekly playgroups where parents have the Chance to meet and discuss concerns and issues that relate to raising young children.

Standing Together Against Rape (STAR)

Anchorage

Phone: (907) 276-7279

Email: nhaag@staralaska.org

Website: www.staralaska.com

Initial grant award: \$50,000

FY08 Funding: \$12,500; Year Three of Four Year Award

FY09 Funding: \$12,500; Year Four of Four Year Award

Program Name: STAR Education

Population Served: School age children, parents, community

STAR provides educational services regarding sexual assault within the Municipality of Anchorage. Educational presentations within the schools are age appropriate and designed to meet the development needs of students. The early grades K-2 receive presentations on Three Kinds of Touches; 3rd and 4th grades receive Personal Safety?; 5th-6th grades receive Personal Safety and Who to Tell; 7th and 8th graders receive Rape Myths and Realities; 9th through 12th graders receive Sexual Harassment, Date Rape Drugs, Safer Dating, and Criminology: Sexual Assault in Alaska.



ACT Supported Programs and Services

Western Alaska

Lower Kuskokwim School District
Bethel

Initial grant award: \$15,000 (FY09)
Program Name: Parenting Classes
Population served: parents

Phone: (907) 543-4921
Email: maryann_brown@lksd.org
Website: www.lksd.org

This project will provide three sessions of parenting classes consisting of eight lessons. The sessions, which will be presented in the Yup'ik language will be delivered via teleconferencing to eight sites in the Lower Kuskokwim School District and will have the potential to serve parents of up to 500 children.

Southwest Alaska

Safe and Fear Free Environment
Dillingham

Initial grant award: \$50,000; Year Four of Four Year Award
FY 2008 - \$12,500
Program Name: **KISS for KIDS**
Cost: No charge
Population served: parents seeking treatment or pursuing sober activities

Phone: (907) 842-2320
E-mail: vrbaim@besafeandfree.org
Website: www.besafeandfree.org

The **KISS for KIDS** (Keeping it Safe & Sober) initiative is part of the SAFE for LIFE program - an integrated and comprehensive approach to providing children and their families the tools and information necessary to prevent domestic violence and sexual abuse and other problems related to family violence such as substance abuse and chronic mental and physical health issues. The MOMS program (Maintaining our Mother's Safety and Sobriety) offers Day and Evening child care for children whose parents/custodians are in aftercare treatment.

"If you want to prevent something bad from happening, you have to enhance something good"
- Ray E. Helfer, M.D.

Interior Alaska

Fairbanks Resource Agency

Fairbanks, North Pole

Phone: (907) 456-8901

E-mail: vicki_t@fra-alaska.net

Website: www.fra-alaska.net

Initial grant Award: \$50,000 (FY08)

FY09 Funding: \$33,000; Year Two of Four Year Award

Program Name: **Supported Parenting Program**

Cost: n/a

Population served: Parents and children; families experiencing a disability, families who are in recovery or at risk of substance abuse

The **Supported Parenting Program** has been recognized for its innovative approach to parenting education and to meeting the diverse learning styles of parents who fall into high risk groups for substance abuse, ineffective coping skills/and or poor socialization skills due to cognitive disabilities. Through its unique interactive curriculum design, the project focuses on the prevention of substance abuse and alcohol related birth defects while strengthening the resiliency and skills of parents. Two components of the project, onsite childcare and home visits, serve to encourage regular class attendance and help parents apply learned class skills to practical use in other settings. A third component, which helps parents to independently connect to community resources and services, provides additional skills to assist parents with problem solving and choosing healthy and safe alternatives to coping with life challenges. Classes are offered every other Tuesday from September through June. Families are welcome to attend together and actively participate in parent child interactive nights that are planned once a month.

Open Arms Child Development Center

Fairbanks

Phone: (907) 455-9466

E-mail: openarmsdir@gci.net

Website: www.zionfairbankds.org (link to Open Arms)

Initial grant award: \$41,378 (FY08)

FY09 Funding: \$27,585

Program Name: Preventing Child Abuse and Neglect

Cost: varies

Populations served: Children ages 6 weeks to 10 years of age and their families.

Open Arms offers full time care and education for children ages 6 weeks to 10 years of age. Services offered through the ACT grant include A Four Point Connect plan with new families, Parents Navigators, Parent Coaching, Professional Counseling Services, Parenting Classes, and Wednesday Evening Family Dinners and activities. These services are available on an ongoing basis through out the year and are intended to three of the five protective factors highlighted in the Strengthening Families Initiative.



Making a difference for all our children

ACT Supported Programs and Service

Southeast Alaska

Juneau Family Birth Center
Juneau

Phone: (907) 586-1203
E-mail: info@juneaubirthcenter.org
Website: www.juneaubirthcenter.org

Grant #1

Initial grant award: \$50,000

FY08 Funding: \$12,500; Year Three of Four Year Award

FY09 Funding: \$12,500; Year Four of Four Year Award

Program Name: **Strength in Families Program**

Cost: Free to qualified families

Population served: Pregnant and parenting teens, any pregnant woman or parenting family “at risk” for child abuse and neglect due to social stresses

The **Strength in Families Program** is a prevention program that supports families, infants and children in the earliest, most crucial, stages of development and beyond. The Strength in Families Program utilizes education, support, and health care from a team of providers including a physician, midwives, doulas, and educators, and is designed to enhance parent/infant bonding, a proven protective factor in preventing child abuse and allowing for normal child development.

Grant #2

Initial grant award: \$15,000 (FY09); Year One of Four Year Award

Program Name: **Strength in Families Program**

The **Strength in Families Program**, a program of the **Juneau Family Birth Center**, is a prevention and support program designed to positively influence families, parents, and children before child abuse or neglect occurs. This free education and social support program has been designed to serve **all** families – but especially families who are at-risk and under-served -- and exists as a program within the context of a community family center, birth center, and clinic. The program utilizes education, support, and health care from a team of providers including a physician, midwives, a doula, and educators. Services are received voluntarily and seek to promote positive family functioning build upon participants' strengths, attempt to influence social forces (birthing and parenting practices) which impact parents and children, and are culturally responsive to the program participants, building on the cultural strengths of the family and community.

You are the bows from which your children, as living arrows, are sent forth.

Alaska Children's Trust

Catholic Community Services Southeast

Phone: (907) 463-5437
E-mail: bunti.reed@ccsjuneau.org
Website: www.ccsjuneau.org

Initial grant award: 50,000 (FY08)

FY09 Funding: \$33,333; Year Two of Four Year Award

Program Name: **Family Resource Center: Expanding Capacity**

Cost: n/a

Population served: Young parents and their children and teens served at the Young Parent Healthy Teen Center and at the Alternative High School

The Catholic Community Services Family Resource Center and the Young Parent Healthy Teen Center offer the Casey Family Programs, Powerful Families curriculums. These include: Financial Literacy, Parent Advocacy and Parent Leadership. These classes run on scheduled cycles. Additionally CCS facilitate Our Time parent support groups which meet at different locations weekly.

REACH, Inc. Juneau

Phone: (907) 586-8228
Email: bevingram@reachak.org
Website: www.reachak.org

Initial grant award: \$35,000 (FY09)

Program Name: **STAR Project**

Population served: Infants and toddlers (birth to age three) with developmental delays.

STAR Project goals include providing screening, assessment and early intervention services for 25 children and their families, increasing staff skills for understanding and supporting infant/toddler mental health, and increasing families' capacity to contribute to their young child's social, emotional and behavioral well being.



The direct costs attributed to child abuse and neglect include:

- child welfare service investigations;
- intensive family preservation services;
- services to children and families in their own home;
- out-of-home placements in the foster care system or residential institutions;
- expenditures for police, legal representation, judicial proceedings, and social workers who must continue to track and ensure the welfare of the child.

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For tips on parenting or for a parenting class referral, give us a call.

The Alaska Parent Line: 1-800-643-KIDS (5437), option #1

12 hours/day, 7 days/week; 9:00 AM-9:00 PM

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Sarah Palin
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