



Annual Report 2009

One child at a time, one community at a time, we are making a difference



ALASKA CHILDREN'S TRUST



Our Mission

To improve the status of children in Alaska by generating funds and committing resources to eliminate child abuse and neglect.



Kids. You gotta love 'em!

Board of Trustees



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**With Support From
Tammy Sandoval, Director
Office of Children's Services**



2009 on Review

As we reflect back on the Alaska Children's Trust (ACT) accomplishments during the 2009 fiscal year, the ACT has continued to focus on realizing the goals and strategies laid out in its five year strategic plan. These include leading efforts to prevent child abuse and neglect in Alaska, and in partnership with Friends of the Alaska Children's Trust (FACT), working to develop a viable structure that will enable the organizations to maximize their ability to prevent and eliminate child abuse and neglect.

We would like to start by expressing our sincere gratitude to Kaye Saxon, the outgoing Chair of the Alaska Children's Trust board. Ms. Saxon served as a trustee from 2003-2009, and served as the ACT Chair from 2007-2009. During her tenure, Ms. Saxon was a committed and engaged trustee who devoted many hours toward furthering the mission of the ACT.

Since the ACT was first funded in 1996, the number of substantiated allegations of maltreatment has declined from 7,544 to 6,464 on 3,933 unique children in FY2009. While the statistics have improved since 1996, the data shows an increase of 1,727 substantiated allegations of child abuse and neglect since FY2007. Statistics show a direct correlation between an increase in child abuse and neglect during times of economic hardship. As parents and caregivers struggle financially,

it is often the children who bear the stress. While we can hope the rate of abuse and neglect will decline as the economy improves, the Adverse Childhood Experiences (ACE) Study shows a direct correlation between stressful or traumatic childhood experiences and numerous health, social and behavioral problems throughout a person's life span. This means that many of the 3,933 children who were abused or neglected in FY2009 will suffer life-long effects, including premature mortality.

We encourage every community in Alaska to become familiar with this significant study, which shows that if we invest our resources in the prevention of child abuse and neglect we can significantly reduce domestic violence, cancer, suicide, obesity, alcohol and substance abuse, and other health issues in the next generation. For more information on the ACE study please visit: <http://www.cdc.gov/nccdphp/ACE/>.

This past year the ACT has made significant progress in several areas to strengthen the work of the Alaska Children's Trust. These projects and efforts include:

Social Marketing Efforts

In fiscal year 2009, the ACT continued with its social marketing campaign. This year's television ad was a collaborative effort with Best



Beginnings, and featured Dr. Sven Haakanson, Jr. and his family promoting the campaign's message that parents are our children's best teachers. Watch for this ad to be re-aired in 2010.

Outcomes-based Evaluation

In 2009, the ACT wrapped up its work with the Foraker Group to develop a comprehensive, performance-based outcomes evaluation logic model that will not only help the ACT measure the impact and effectiveness of the Trust in meeting its mission to reduce and prevent child abuse and neglect in Alaska, but will help grantees evaluate their progress as well. Measuring the impact of the Trust will be based on two specific and measurable components—the program-specific outcomes of individual grantees, and the overall outcomes for the ACT grantee programs. Future ACT Request for Proposals will incorporate the Strengthening Families Protective Factor Frameworks, a nationally accepted overarching theory based on research that suggests there is a set of five “protective factors or constructs” crucial to having positive impacts through child abuse and neglect prevention efforts.

PREVENT Institute

In May, ACT Trustee, Margaret Volz and ACT/FACT executive director, Panu Lucier, along with the Office of Children's Services and Bristol Bay

Native Association attended the final session of the PREVENT Institute in Chapel Hill, NC.

Since then the Alaska team has continued to work on the project to develop culturally-normed, effective strategies for preventing child maltreatment to build research-based Strengthening Families Protective Factors. The project is being implemented in the Bristol Bay region with the support of team members Lucille Johnson, of the Bristol Bay Native Association, and Tammy Sandoval and Shirley Pittz of the Office of Children's Services.

Statewide Prevention Summit

Guided by a statewide steering committee, the Alaska Children's Trust began meeting in early 2008 to engage in dialogue and share ideas that would result in the creation of a statewide vision to protect children and strengthen families and communities. The ACT will be distributing the Statewide Vision for the Prevention of Child Abuse & Neglect in FY2010.

Privatization of the Alaska Children's Trust

In 2009, FACT continued its legislative efforts to privatize the Alaska Children's Trust to create a permanent endowment and a structure that



would strengthen the work of the Alaska Children's Trust. Please read more about this effort in Carley Lawrence's message on page 12.

Grant Awards

In fiscal year 2009, the ACT awarded continuation grants totaling \$349,886 to 15 ACT grantees receiving initial awards in fiscal years 2006, 2007 and 2008. Later in the year, the Request for Proposals yielded five new grantees totaling \$135,000 for fiscal year 2009. This, combined with the 15 continuation grants brings our commitment in FY09 to preventing child abuse and neglect through community-based solutions to \$484,886. We encourage you to read about the programs and agencies later in this report, and if you happen to find yourself in contact with any of them, please stop in and commend them for their commitment to strengthening Alaskan families.

Alaska Parent Line

In addition to community-based grants, the ACT also continued to fund the statewide toll free parent resource line, 1-800-643-KIDS. The Alaska Parent Line operates 12 hours a day, 7 days a week and offers parenting advice and referrals for parents and caregivers. Since 2006, the APL has received an average of 44 calls per month and to date has logged over 2,000 calls originating from 72 communities across Alaska.

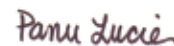
Strengthening Families Early Childhood Initiative

The ACT has a formal partnership with the Strengthening Families Alaska Leadership Team to support the implementation of effective strategies that aim to prevent child abuse by deeply embedding the Strengthening Families Protective Factor Framework into all systems that touch the lives of young children and their families. Please read more about the Strengthening Families Early Childhood Initiative on page 10.

ACT Executive Director Elected to National Alliance Board

Alaska Children's Trust executive director Panu Lucier has been elected to the Board of Directors of the National Alliance of Children's Trust & Prevention Funds. The Alliance is a membership organization that supports and strengthens state Children's Trust and Prevention Funds in their vital roles, promotes awareness of the importance of strengthening families to prevent child abuse and neglect, advocates for increased public and private funding for community-based child abuse and neglect prevention activities and collaborates with other national child abuse prevention organizations to help ensure the safety and well-being of children throughout the country.


Judy Patrick


Panu Lucier



ACT Overview

The Alaska Children's Trust was established in 1988 with the goal of preventing child abuse and neglect throughout the state. The first legislative appropriation was made in 1996 for \$6 million. Today, the Alaska Children's Trust totals some \$10 million.

Seven trustees, appointed by the Governor, oversee the fiduciary and grant-making functions of the Alaska Children's Trust.

The Alaska Children's Trust operates as a savings account. The fund's principal continues to grow through private donations and appreciation, while a portion of the interest from the earnings funds grants to community-based prevention programs. Grants from the Federal Office of Juvenile Justice and Delinquency Prevention have supported the ACT's social marketing campaign and have enhanced the Trust's grant-making program for the last few years.

In fiscal year 2009, the trustees awarded a total of \$349,886 to 15 non-profits in five communities across the state, several of which offer regional and statewide services. New grant awards for fiscal year 2009 total \$135,000, reaching four communities.

In addition to distributing community-based prevention grants, the ACT has initiated a statewide media campaign aimed at reducing child abuse and neglect. The campaign goals are to: (1) raise responsibility about child abuse and neglect prevention; (2) create understanding of what constitutes the problem; (3) reduce the stigma of asking for help with parenting issues/challenges; and (4) provide parents with tools, tangible answers and coping skills they can use to address challenging parenting situations.



2009 Ray E. Helfer, M.D. Award

There are few pediatricians who have the breadth and depth of experience as George W. Brown, M.D., FAAP, this year's recipient of the Ray E. Helfer, M.D. Award. For more than 40 years, Dr. Brown has had a unique interest in the identification and prevention of child abuse on at least three continents.

Today, Dr. Brown has a pediatrics practice in Juneau, Alaska. His efforts in the early 1980s gave rise to the Children's Trust Fund of Alaska, and after his many works and travels around the world, he remains today committed as ever to the welfare of Alaska's children and families.

From his earliest days in the 1960s as a public health physician at the Alaska Native Medical Center, the terrible phenomena of child abuse and neglect became a focus he has carried with him throughout his professional career. Along with his wife, Dr. Carolyn Brown, an obstetrics and gynecological physician, Dr.

George Brown has worked and consulted with the pioneers for the prevention of child abuse and neglect – including Dr. Helfer himself, as well as Dr. C. Henry Kempe, Brandt Steele and many others. In fact, Dr. Brown was the very first recipient of the C. Henry Kempe Award for his work in child abuse prevention, presented to him in 1986 at the First International Congress of Child Abuse Prevention in Sydney, Australia.

Named for the late Dr. Ray E. Helfer, this award is given annually by the National Alliance of Children's Trust and Prevention Funds and the American Academy of Pediatrics to a pediatrician who has made a demonstrated contribution to preventing child abuse and neglect before it occurs and is involved in activities related to the work of Children's Trust Funds. Dr. Helfer is considered the "father" of children's trust and prevention funds, due to his idea that special funds could be created nationally to ensure that children grow up nur-

tured, safe and free from harm. Today, almost all states have a children's trust or prevention fund and collectively, they provide more than \$100,000,000 in funding to support community based child abuse prevention strategies.

A quick scan of Dr. Brown's extensive curriculum vitae provides a look at the profound contributions he has made to understanding why child abuse and neglect occur and how society can prevent it.

Following his graduation from the Bowman-Gray School of Medicine in Winston-Salem, NC, in 1964, Dr. Brown served as a commissioned medical officer in the U.S. Public Health Service with assignments that included working with Native Alaskans, with migrant farm workers in a clinic in Yakima Valley, WA, and with prisoners at a federal corrections institution in Petersburg, Va. In each and every assignment and position he's taken in his career, his devotion to preventing child abuse



and neglect has been evident in his clinical work, his community involvement and his many publications.

He has also worked Kenya, Haiti, Vermont and Hawaii – and at every stop the welfare of children was paramount. He has worked tirelessly alongside the medical community, parents, educators, childcare providers, community volunteers, social workers, policy makers, and across cultures to help create a safer world for all children.

As a general pediatrician working with the Alaska Native Health Service and State Division of Public Health Child Study Center from 1965 to 1975, Dr. Brown helped start the first intervention and prevention services for child abuse and neglect in Alaska. While practicing pediatrics in the Mat-Su Valley in the 1980s, he promoted the passage of the Alaska Children's Trust Fund legislation. He continued child abuse prevention work for 12 years in

Vermont with the Community Child Protection Network, Vermont SafeKids Coalition, State Child Fatality Review Committee, a local community parenting center, and Prevent Child Abuse Vermont shaken baby syndrome and sexual abuse prevention projects.

Since returning to practice in Juneau, he now provides medical evaluations as part of the Southeast Alaska Child Advocacy Center Multidisciplinary Team. His commitment to children and the prevention of child abuse are also evidenced throughout his community service, his awards and his publications on the subject of child abuse and neglect.

Most recently, Dr. Brown served as a member of the Alaska Children's Trust Statewide Prevention Steering Committee which began meeting in early 2008 to develop a statewide vision for the prevention of child abuse and neglect. Dr. Brown has made significant contributions toward the development of this vi-

sion and to the success of the Statewide Prevention Summit in November 2008.

The Alaska Children's Trust proudly nominated Dr. Brown for the Ray E. Helfer, M.D. Award which was presented to him in Atlanta, Georgia, on April 2, 2009, during the 17th National Conference on Child Abuse and Neglect. In discussing the award, Dr. Brown said, "I continue to learn the societal-changing challenges of child abuse prevention. Through education conferences, journals, books and hands-on experiences with the field's pioneers—Ray Helfer, C. Henry Kempe, Brandt Steele and many, many others, especially mothers, grandmothers, volunteer home visitors, parents, attorneys, social workers, and public health nurses—I continue to share the vital message that all children are valuable and all of us can learn to practice respect for them."



Strengthening Families Alaska

Strengthening Families is a proven, cost-effective strategy to prevent child abuse and neglect (CAN). The strategy involves early childhood centers working to build protective factors around children by supporting family strengths and resiliency. The Alaska Children's Trust, along with the Office of Children's Services/Strengthening Families, have signed the Early Childhood Initiative Learning Community agreement with the National Alliance of Children's Trust and Prevention Funds to support the implementation of effective strategies that aim to prevent child abuse by embedding the Strengthening Families Protective Factor Framework into all systems that touch the lives of young children and their families. As a member of the Alaska Strengthening Families Leadership Team, the ACT is now working to expand the use of this model across the state.

What is Special About the Strengthening Families Approach?

With funding from the Doris Duke Charitable Foundation, the Center for the Study of Social Policy (CSSP) set out to develop a strategic, feasible approach to child abuse prevention that would be systematic and national, reach large numbers of very young children, and have impact long before abuse or neglect occurred. Their research revealed that proven, positive results take place when early childhood centers work to strengthen five protective factors known to be correlated with child abuse and neglect.

Protective Factors

Parent Resiliency: Parents who are emotionally resilient are able to maintain a positive attitude, creatively solve problems, and effectively rise to challenges in their lives—and are less likely to abuse or neglect their children. Early childhood programs can promote parental resilience in a variety of ways—providing a warm and welcoming environment to

parents as well as children, providing family support services on site, and offering social and emotional activities for children that may impact the way parents think about their own behavior.

Social Connections: Extensive evidence links social isolation and child maltreatment. It is not the simple fact of social connectedness that protects against child abuse and neglect however, but rather relationships that are positive, trusting, reciprocal, and flexible, and that embody pro-social, child-friendly values. Programs can strengthen social connections by creating a community space and opportunities for parents to connect with other parents in a comfortable environment. Additionally, many programs serve as a conduit for a variety of social activities, from holiday celebrations to bowling leagues.

Knowledge of Parenting and Child Development: Early care and learning programs are a

natural place for parents to turn for parenting information and support. There are countless “teachable moments” that can be used to apply and reinforce positive parenting principles in an everyday context. Providing formal and informal opportunities for parents to gain parenting knowledge and skills can help them develop appropriate expectations of their children’s abilities and behaviors.

Support in Times of Need: Many programs serve families facing multiple stressors and multiple risks. Research suggests that helping families access material resources and/or behavioral health services represent two promising intervention strategies to reduce child abuse and neglect.

Children’s Healthy Social and Emotional Development: For parents with particularly challenging children, the social and emotional work program staff do with children can provide welcome added support and reduce the stress in their family home. Early childhood programs’ impact on children’s social and emotional development happens in two ways: through social and emotional development activities with children in the classroom and by working with parents to help them build positive relationships with their children.

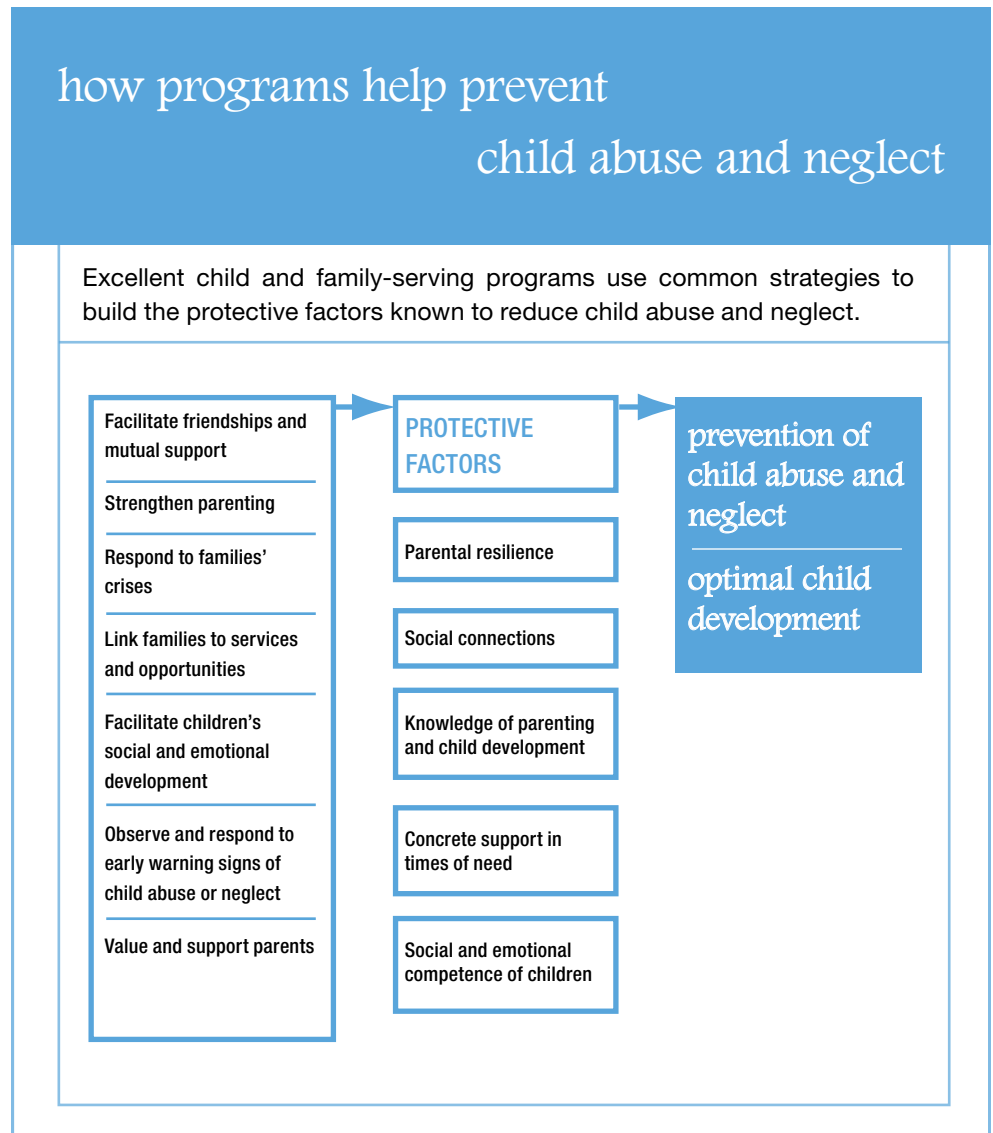
The Strengthening Families Alaska Leadership Team received a grant in the amount of \$5,000 from the National Alliance of Children’s Trust and Prevention Funds/ Early Childhood Initiative to assist the Alaska team in implementing its action/work plan.

ALASKA STRENGTHENING FAMILIES GOALS:

- Engage parents as decision makers through the State Leadership Team

- Embed the Strengthening Families Protective Factors and parent partnerships into grantees of the Alaska Children’s Trust
- Expand the use of the Community Café model to promote the Strengthening Families Protective Factors and parent partnerships.

For more information about the Strengthening Families Framework, contact the Alaska Children’s Trust or visit the Center for the Study of Social Policy’s Web site: <http://strengthening-families.net>.





Message from the Friends of the Alaska Children's Trust Chair

Thirteen years ago, the Friends of the Alaska Children's Trust (FACT) was incorporated as a 501(C)(3). Since 1997, FACT has raised over \$1 million, an average of \$84,000 per annum for the prevention of child abuse and neglect. The Alaska Children's Trust has granted nearly \$4 million since 1996 to innovative, community-based child abuse prevention projects across the state. While \$4 million may sound impressive, it is far less than Alaska's 2008 budget of the nearly \$61 million spent on child welfare for direct services to children in foster care, adoption and guardianship subsidies. Although we absolutely recognize the need to spend funds on protecting abused and neglected children, FACT believes that if we invest in and fund integrated prevention strategies we can stop child abuse and neglect before it happens.

In the 2008 annual report, FACT reported on its efforts to privatize the Alaska Children's Trust through the introduction of legislation. One of the greatest challenges the FACT board continues to struggle with is the ethical implications of raising money that may or may not be used as donors intend. With this in mind, FACT continued the privatization efforts in 2009.

Representative Anna Fairclough introduced HB 190 which, if passed, would allow for ethical fundraising by FACT, ensure long-term stability of the fund by protecting the corpus; create a more efficient process for grant making by privatizing the grant award and administration processes; preserve the present revenue sources; and allow for State oversight of the funds through a Governor-appointed board. HB 190 passed through the House Health & Social Services Committee and was referred to the House Finance Committee. HB 190 ran into a few obstacles and a committee substitute was introduced. Plans for continuing the privatization efforts in 2010 are still being evaluated (at the time of print for this annual report).

In addition to our continued privatization efforts, our major fundraising event for the Trust, Mush for Kids, was again a huge success. The event brought out over 6,000 people in Fairbanks to celebrate the importance of healthy families raising healthy children in a safe community environment. Thanks to



generous underwriting from Flint Hills Resources, which has been the premier sponsor for the last 10 years, the event was able to generate nearly \$19,000 to contribute to the Alaska Children's Trust Fund. We are so thankful to the many volunteers and donors that work so hard each year on this event.

We are fortunate to have had many new and ongoing financial supporters of the Friends of the Alaska Children's Trust in 2009, a full list of whom is included at the end of this annual report

In closing, I would like to sincerely thank all of the partners, volunteers and contributors that have continued to support the Friends of the Alaska Children's Trust.

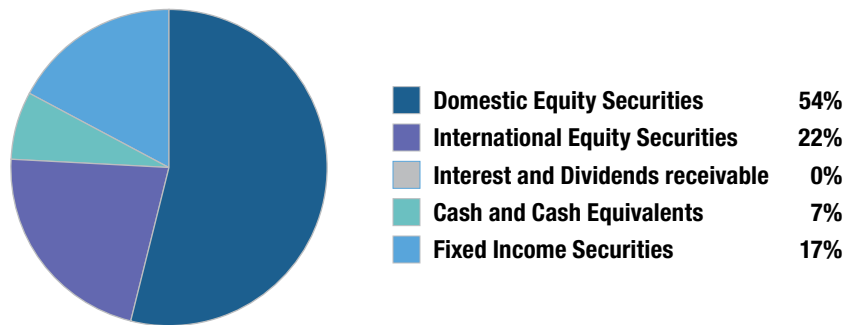
Warmly,

A handwritten signature in black ink that reads "Carley Lawrence".

Carley Lawrence



ACT 2009 Financial Statements



Statement of Invested Assets June 30, 2009

Cash and Cash Equivalents	\$571,205
Fixed Income Securities	\$1,508,230
Domestic Equity Securities	\$4,747,076
International Equity Securities	\$1,926,619
Interest and Dividends Receivable	\$32,033
Total Investments	\$8,785,163

Statement of Investment Income and Changes in Invested Assets June 30, 2009

Investment Income	\$(2,190,555)
Total Invested Assets, Beginning of Year	11,425,252
Net Contributions (Withdrawals)	(449,534)
Total Invested Assets, End of Year	\$8,785,163

NOTE: The June 30, 2009, audited financial statements are available from the Department of Revenue, Treasury Division



ACT Supported Programs and Services

Statewide Programs

Best Beginnings/United Way

Anchorage/Statewide

Phone: (907) 297-3301

Email: abbe.hensley@akhf.org

Web site: www.bestbeginningsalaska.org

Initial grant award—\$50,000

FY09 Funding: \$33,333; Year Two of Four Year Award

FY10 Funding: \$16,667; Year Three of Four Year Award

Populations served: Parents, early childhood educators, community members

Best Beginnings is creating family friendly versions of the Alaska's Early Learning Guidelines (ELGs) in languages other than English. ELGs inform parents, caregivers, community members, and leaders about expectations for children's development and learning. Best Beginnings will share Alaska's Early Learning Guidelines with expecting, new, and first-time parents and other community members in the most common non-English languages read by Alaskans.

To access the ELG's: download the ELG from the Best Beginnings Web site at www.BestBeginningsAlaska.org/media and click on State of Alaska's Early Learning Guidelines under Publications.

Resource Center for Parents and Children (RCPC)

Fairbanks / Statewide

Phone: (907) 456-9002

E-mail: mgaughan@rcpcfairbanks.org

Web site: www.rcpcfairbanks.org

Cuddle Cure: Initial grant award: \$50,000

FY09 Funding: \$12,500; Year Four of Four Year Award

New Grant Award FY09; initial grant award: \$35,000; Year One of Four Year Award

Alaska Parent Line:

FY09 Funding: \$51,799; Year One of One Year Award

Project Name: **Cuddle Cure & Alaska Parent Line (APL)**

Cost: Cuddle Cure Classes \$30; Scholarships are available. No charge for Alaska Parent Line

Population served: New/expectant parents, child care providers, foster parents, grandparents, parents, etc.

The **Cuddle Cure** program is a two-hour class that teaches five immediately useful techniques, the 5 S's, based on Dr. Harvey Karp's, *The Happiest Baby on the Block* curriculum, for calming a fussy newborn from 0 – 3 months of age. Participants receive a Parent Kit which includes: a baby bag, a swaddling blanket, *The Happiest Baby on the Block* DVD, and a Soothing Sounds CD valued at \$80. A planning grant for fiscal year 2008 will allow for culturally relevant modification and expansion of the Cuddle Cure program into the communities of Barrow, Bethel, Dillingham, Fort Yukon, Haines, Kenai, Kotzebue, Nome, and Valdez.

The **Alaska Parent Line:** 1-800-643-KIDS, offers parenting advice and referrals for Alaska parents and care givers; 12 hrs/day, 7 days week; 9:00 AM-9:00 PM

Southcentral Foundation

Anchorage

Toll Free: 1-866-729-3994 or (907) 729-5440

Web site: www.fwwi.org

Initial grant award—\$37,500

FY09 Funding: \$12,500; Year Four of Four Year Award

Project Name: **Family Wellness Warriors Initiative (FWWI)**

Cost: Fees vary and scholarships are available

Populations served: Adults over 21 yrs; primary focus is Alaska Native individuals but services available to all

The **Family Wellness Warriors Initiative (FWWI)** is a movement that brings together leaders of the Alaska Native Community, the faith community, regional corporations and agencies, health care providers, and many other interested people, in an effort to restore wellness to the Alaska Native community. It specifically addresses all forms of violence that occur within the family. These include child abuse and neglect, sexual abuse, vulnerable adult abuse and neglect, domestic violence, and adult sexual assault. The Initiative seeks to work with individuals toward the healing of personal wounds and learning how those wounds have impacted and continue to affect the entire family. The program offers seven Arrigah House trainings each year and the majority of participants come from villages across the state of Alaska.

Southcentral Alaska

Akeela, Inc.

Anchorage

Phone: (907) 565-1241

E-mail: SFP@akeela.org

Web site: www.akeela.org

Initial grant award: \$50,000

FY09 Funding: \$33,333; Year Two of Four Year Award (Akeela voluntarily terminated their grant in FY09)

Program Name: **Strengthening Families Program**

Populations served: Families of children 6-11 years of age from diverse community backgrounds and multi-cultural environments

The **Strengthening Families Program**, as funded by ACT and the Division of Behavioral Health and implemented by Akeela, Inc. is a nationally recognized and proven model of best practice in the area of parent/family services. The goal of this program is to improve and enhance the participating families' dynamics, lessening the risks of substance abuse and other associated issues. The Strengthening Families Program is a structured, 10-14 week series of weekly classes for which the curriculum includes parent/caregiver (parenting skills), child (social/behavioral skills), and family (interaction/communication skills) training.

Alaska Injury Prevention Center

Anchorage

Phone: (907) 929-3939

E-mail: marcia_howell@hotmail.com

Web site: www.alaska-ipc.org

Initial grant award: \$48,944

FY09 Funding: \$22,147; Year Two of Three Year Award

Program Name: **Positive Parenting**

Cost: \$25 per family for entire 6 weeks (dinner provided each week)

Populations served: All who want help with their family and parenting skills

The Positive Parenting Program is a six week workshop designed to strengthen families. The weekly classes provide skills training for the whole family in self-esteem, safety, discipline, communication, etc.

Chugachmiut, Inc.

Anchorage

Phone: (907) 334-0148 or 1-800-478-4155, ext. 148

E-Mail: jacquelinea@chugachmiut.org

Web site: www.chugachmiut.org

Initial grant award: \$49,983 (FY08)

FY09 Funding: \$33,322; Year Two of Four Year Award (Chugachmiut, Inc. voluntarily terminated their grant at the end of FY09).

Program Name: **Safe and Smart Parenting**

Cost: No fees are charged for this program.

Populations Served: Expecting parents, first-time parents, and those with young children

Region of Services: Primarily the residents of Nanwalek, but also may include those of Port Graham and Seldovia in Kachemak Bay.

Chugachmiut's **Safe and Smart Parenting** is an innovative demonstration project providing community-based primary prevention services, targeting expecting parents, first-time parents, and those with young children. The goal of the program is to empower young parents with the skills and knowledge to make informed parenting decisions about child health and safety, thus lessening the impact of child abuse and neglect on the children and families of Nanwalek, Port Graham and Seldovia. Workshops are scheduled 2 times per month, 2 hours each. Recruitment is from Head Start parents, schools, health clinics, churches and through self referrals.

Cook Inlet Tribal Council, Inc.

Anchorage

Phone: (907) 793-3132 or (877) 985-5900 Toll Free

E-Mail: dnorthburg@citci.com

Web site: www.citci.com

Initial grant award: \$49,612 (FY08)

FY09 Funding: \$33,075; Year Two of Four Year Award

Program Name: **Child Wellness Project**

Cost: No cost to participants

The CITC Child & Family Services Department Outreach for Child Wellness Project is aimed at increasing both awareness of and access to supportive services in the Anchorage community for Alaska Native or Native American adults and children who have recently relocated to this urban area or who have not utilized resources available to them. Resource information to prevent child abuse and neglect is disseminated directly to families through program volunteers as well as through monthly community orientation sessions. The Outreach for Child Wellness project connects families with both primary and secondary prevention services that promote healthy parenting skills and strengthening families within CITC and the larger system of resources in the Anchorage community.

SeaView Community Services

Seward

Phone: (907) 224-5257

E-mail: mluther@seaviewseward.org

Web site: www.seward.netnet/~seaview

Initial grant award: \$45,459

FY09 Funding: \$11,365; Year Four of Four Year Award

Program Name: **Play and Chat**

Cost: \$135.00 per family; a limited number of scholarships may be available

Population served: Parents of children birth to 5 years

The **Play and Chat** program provided primary prevention through positive influence with parents and children through weekly playgroups where parents have the Chance to meet and discuss concerns and issues that relate to raising young children.

Standing Together Against Rape (STAR)

Anchorage

Phone: (907) 276-7279

Email: nhaag@staralaska.org

Web site: www.staralaska.com

Initial grant award: \$50,000

FY09 Funding: \$12,500; Year Four of Four Year Award

Program Name: **STAR Education**

Population Served: School age children, parents, community

STAR provides educational services regarding sexual assault within the Municipality of Anchorage. Educational presentations within the schools are age appropriate and designed to meet the development needs of students. The early grades K-2 receive presentations on Three Kinds of Touches; 3rd and 4th grades receive Personal Safety; 5th-6th grades receive Personal Safety and Who to Tell; 7th and 8th graders receive Rape Myths and Realities; 9th through 12th graders receive Sexual Harassment, Date Rape Drugs, Safer Dating, and Criminology: Sexual Assault in Alaska.

Thread (formerly Child Care Connection, Inc.)

Anchorage

Phone: (907) 563-2924

Email: sberglund@threadalaska.org

Website: www.threadalaska.org

Grant #1

Initial grant award: \$50,000

FY09 Funding: \$9,375; Year Four of Four Year Award

Program Name: **Positive Parenting Support Classes**

Population Served: Families with children age neo-natal to 12 years of age, with special emphasis on parents who have children under age 5

The **Positive Parenting Support** project includes parenting classes and quality developmental information for the purpose of supporting parents, sharing developmental knowledge, and enhancing parenting skills as a child abuse and neglect prevention strategy. Thread offered 27 parenting classes per year. These classes are offered to empower parents to communicate positively with their children and teach constructive discipline strategies that will support their parenting in times of stress as well as in everyday circumstances. To achieve the project goals and have meaningful outcomes, the grantee provides parenting classes that cover information about growth and development, temperament, positive discipline, self-care, violence, and parenting styles. Trainers also instruct participants on how to access additional services and resources within the community.

Grant #2

FY09 Funding \$35,000; Year One of Four Year Award

Program Name: **Strengthening Families Support**

Utilizing the five protective factors (parental resilience, social connections, knowledge of parenting and child development, concrete support in times of need, and healthy child social and emotional development) this project expands on current efforts that help early educators integrate family support principles in their programs. Thread provides specific training, support, and financial incentives that help child care programs enhance their abilities to support families.

Early Education Trainers in Alaska have been fortunate to receive national training on quality curricula around the prevention of child abuse and neglect. As a result, participating child care programs will have access to Partnering with Parents: Prevention of Child Abuse and Neglect by Zero to Three, the nation's leading resource on the first years of life, and Stronger Together by the Parent Services Project, a national organization dedicated to integrating family support in early education programs. The prevention of child abuse and neglect is strongly connected to quality relationships between families and child care programs in both of these curricula.

Western Alaska

Lower Kuskokwim School District

Bethel

Phone: (907) 543-4921

Email: Angela_Walker@lksd.org

Web site: www.lksd.org

FY09 Funding: \$15,000; Year One of Four Year Award

(LKSD voluntarily terminated their grant award at the end of FY09)

Program Name: **Parenting Classes**

Population served: Parents

This project will provide three sessions of parenting classes consisting of eight lessons. The sessions, which will be presented in the Yup'ik language will be delivered via teleconferencing to eight sites in the Lower Kuskokwim School District and will have the potential to serve parents of up to 500 children.

Southwest Alaska

Safe and Fear Free Environment

Dillingham

Phone: (907) 842-2320

E-mail: vrbaim@besafeandfree.org

Website: www.besafeandfree.org

Initial grant award: \$50,000; Year Four of Four Year Award

FY09 Funding: \$12,500

Program Name: **KISS for KIDS**

Cost: No charge

Population served: Parents seeking treatment or pursuing sober activities

The **KISS for KIDS** (Keeping it Safe & Sober) initiative is part of the SAFE for LIFE program - an integrated and comprehensive approach to providing children and their families the tools and information necessary to prevent domestic violence and sexual abuse and other problems related to family violence such as substance abuse and chronic mental and physical health issues. The MOMS

program (Maintaining our Mother's Safety and Sobriety) offers Day and Evening child care for children whose parents/custodians are in aftercare treatment.

Interior Alaska

Fairbanks Resource Agency

Fairbanks, North Pole

Phone: (907) 456-8901

Email: vicki_t@fra-alaska.net

Web site: www.fra-alaska.net

Initial grant Award: \$50,000 (FY08)

FY09 Funding: \$33,000; Year Two of Four Year Award

Program Name: **Supported Parenting Program**

Cost: n/a

Population served: Parents and children; families experiencing a disability, families who are in recovery or at risk of substance abuse

The **Supported Parenting Program** has been recognized for its innovative approach to parenting education and to meeting the diverse learning styles of parents who fall into high risk groups for substance abuse, ineffective coping skills/and or poor socialization skills due to cognitive disabilities. Through its unique interactive curriculum design, the project focuses on the prevention of substance abuse and alcohol related birth defects while strengthening the resiliency and skills of parents. Two components of the project, onsite childcare and home visits, serve to encourage regular class attendance and help parents apply learned class skills to practical use in other settings. A third component, which helps parents to independently connect to community resources and services, provides additional skills to assist parents with problem solving and choosing healthy and safe alternatives to coping with life challenges. Classes are offered every other Tuesday from September through June. Families are welcome to attend together and actively participate in parent child interactive nights that are planned once a month.

Open Arms Child Development Center

Fairbanks

Phone: (907) 455-9466

E-mail: openarmsdir@gci.net

Web site: www.zionfairbankds.org (link to Open Arms)

Initial grant award: \$41,378 (FY08)

FY09 Funding: \$26,304; Year Two of Four Year Award

Program Name: **Preventing Child Abuse and Neglect**

Cost: varies

Populations served: Children ages 6 weeks to 10 years of age and their families

Open Arms offers full time care and education for children ages 6 weeks to 10 years of age. Services offered through the ACT grant include A Four Point Connect plan with new families, Parents Navigators, Parent Coaching, Professional Counseling Services, Parenting Classes, and Wednesday Evening Family Dinners and activities. These services are available on an ongoing basis throughout the year and address three of the five protective factors highlighted in the Strengthening Families Initiative.

Southeast Alaska

Catholic Community Services

Juneau

E-mail: bunti.reed@ccsjuneau.org

Web site: www.ccsjuneau.org

Initial grant award: 50,000 (FY08)

FY09 Funding: \$33,333; Year Two of Four Year Award

Program Name: **Family Resource Center: Expanding Capacity**

Cost: n/a

Population served: Young parents and their children and teens served at the Young Parent Healthy Teen Center and at the Alternative High School

The Catholic Community Services Family Resource Center and the Young Parent Healthy Teen Center offer the Casey Family Programs, Powerful Families curriculums. These include: Financial Literacy, Parent Advocacy and Parent Leadership. These classes run on scheduled cycles. Additionally CCS facilitates Our Time parent support groups which meet at different locations weekly.

Juneau Family Health & Birth Center

Juneau

Phone: (907) 586-1203

E-mail: info@juneaubirthcenter.org

Website: www.juneaubirthcenter.org

Grant #1

Initial grant award: \$50,000

FY09 Funding: \$12,500; Year Four of Four Year Award

Program Name: **Strength in Families Program**

Cost: Free to qualified families

Population served: Pregnant and parenting teens, any pregnant woman or parenting family "at risk" for child abuse and neglect due to social stresses

The Strength in Families Program is a prevention program that supports families, infants and children in the earliest, most crucial, stages of development and beyond. The Strength in Families Program utilizes education, support, and health care from a team of providers including a physician, midwives, doulas, and edu-

cators, and is designed to enhance parent/infant bonding, a proven protective factor in preventing child abuse and allowing for normal child development.

Grant #2

Initial grant award: \$15,000 (FY09); Year One of Four Year Award

Program Name: **Strength in Families Program**

The Strength in Families Program, a program of the Juneau Family Birth Center, is a prevention and support program designed to positively influence families, parents, and children before child abuse or neglect occurs. This free education and social support program has been designed to serve all families—but especially families who are at-risk and under-served—and exist as a program within the context of a community family center, birth center, and clinic. The program utilizes education, support, and health care from a team of providers including a physician, midwives, a doula, and educators. Services are received voluntarily and seek to promote positive family functioning build upon participants' strengths, attempt to influence social forces (birthing and parenting practices) which impact parents and children, and are culturally responsive to the program participants, building on the cultural strengths of the family and community.

REACH, Inc.

Juneau

Phone: (907) 586-8228

Email: bevingram@reachak.org

Web site: www.reachak.org

Initial grant award: \$35,000 (FY09); Year One of Four Year Award

Program Name: **STAR Project**

Population served: Infants and toddlers (birth to age three) with developmental delays

STAR Project goals include providing screening, assessment and early intervention services for 25 children and their families, increasing staff skills for understanding and supporting infant/toddler mental health, and increasing families' capacity to contribute to their young child's social, emotional and behavioral well being.





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To increase awareness among Alaskans about the high rate of child abuse and neglect in our state, and to raise money for the Alaska Children's Trust (ACT).

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12 hours/day, 7 days/week; 9:00 AM-9:00 PM

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