Nat'liqutaicaraqa
NAT'LIQUTAICARAQA
My Health Book

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Introduction

This booklet contains illustrations and some worksheets related to the Health Program as outlined in the Yup'ik Course of Studies for grades one, two and three. Throughout the school year, additional sheets will be sent to further develop the contents of this booklet.

Jim MacDiarmid
Introduction

This booklet contains instructions and some worksheets related to the health program as outlined in the Yup'ik Culture of Southwest Alaska.

You will find one lesson plan, two short lessons to introduce the concepts of the lesson plans, and one additional activity.

The Introduction

Central Yup'ik
Printed at the Yup'ik Language Workshop
October 1974 500 copies
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Eye
The Digestive System

Nengciyaram Tumyarai